

# Between the Bridges

*Special COVID-19 Bulletin | March 27, 2020*

As a community response to the COVID-19 emergency, **Between the Bridges** will publish a series of bulletins providing information of local interest within the False Creek South neighbourhood. The objectives are to inform residents about available local services and supports, share good ideas and best practices in dealing with the current emergency, and encourage the sense of cohesion in our wonderful community. *The Bulletin* is for sharing! Please send your ideas and news to [newsletter@falsecreeksouth.org](mailto:newsletter@falsecreeksouth.org), preferably by Wednesday April 1 in time for the next Bulletin.

## **NEIGHBOURS HELPING NEIGHBOURS**

A number of enclaves are organizing a “Needs/Offers” system to link up those who may need something doing that they would normally do themselves: shop for groceries, pick up prescriptions, walk the dog, etc. Others who are willing and able, add themselves to the “Offers” column. In this mix-and-match way, people are translating “We are all in this together” into concrete actions.

If you have similar ideas or actions in your enclave, please tell us. Through the *BTB Bulletin* we can share these throughout the whole neighbourhood.

## **GRANVILLE ISLAND MARKET IS OPEN!**

Can you imagine False Creek South without the Market? Neither can we. Already some vendors have had to wrap their sections and call it a day – for the time being.

But others are still open, including those selling fruits and vegetables, meat, fish, cheese and other products. Mornings from 9 to 10 am are reserved for those age 60+. Some vendors are closing a bit earlier in the afternoon. Neighbours report that the Market isn’t crowded at any time of day and observing the required social distance of 2 meters, or 6 feet, is easy to do.

If there was ever a time to shop locally – this is it! And drop by Dean’s Foods as well. Ali is still there.

## **BETH'S CAFE STILL CONVIVIAL**

Beth Dempster, Convivial Café owner, has a well-deserved reputation for serving False Creek South as a community builder. One example is her “pay it forward” board where customers, through pre-paid posted notes, pay for coffee and baked items for others to enjoy. All take-out now, but the baked goods and other food are still the same, and still available. Beth is now planning regular pay-what-you-can dinners for take-out and delivery. Look for vegetarian lasagna on Wednesdays and roast beef dinners on Saturdays. Keep in touch through [www.convivialcafe.ca](http://www.convivialcafe.ca).

## **HERE'S AN IDEA**

Are you missing contact with grandchildren or other kids in your life who don’t live with you? One neighbour feeling the loss has instituted “Story Time” – online.

Using either FaceTime or Skype, she arranges a time with her daughter to read stories, or chapters from longer books, to her grandchildren. With illustrated books, she shows the pictures at the end of each section. Right now the selection is *Winnie The Pooh* and *The House At Pooh Corner*. No hugs, unfortunately – but what child doesn’t love having stories read to them?