

Children's  
Festival  
brochure  
tucked inside

# The Creek

'Serving False Creek, Fairview Slopes and Granville Island'

APRIL, 1991

Vol. 10, No.4

FALSE  
CREEK  
FERRIES

THE LITTLE  
BLUE FERRIES  
RUN DAILY  
RAIN OR SHINE  
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TO AQUATIC CENTRE  
DAILY - 7:30 a.m.-8 p.m.

MARITIME MUSEUM  
WEEKENDS ONLY - 10-5

## VANCOUVER CHILDREN'S FESTIVAL

A world of family entertainment walking distance  
from our doorsteps

Any day now a cluster of brightly striped tents will begin to pop up like mushrooms in Vanier Park.

For most of us this heralds the arrival of the VANCOUVER CHILDREN'S FESTIVAL—an international potpourri of music, theatre, dance, puppetry and storytelling presented against a panoramic background of sea and sky.

Anyone who doesn't already know about the Children's Festival should make a point of discovering this family entertainment bonanza. Now in its 14th year, the Festival is a Vancouver institution which has been internationally acclaimed and emulated. There are currently 15 children's festivals across North America modelled after ours, which is reputed to be the premiere event of its kind in the world. And it's walking distance from our doorsteps.

This year's Festival runs from May 13-20, which includes the Victoria Day weekend. 19 companies from 6 countries will present ticketed shows in the big tents, with tickets ranging from \$4.50—\$7.50 plus service charge.

Festival highlights include three productions from southern Africa,

concerts with local favourites Charlotte Diamond and Norman Foote, puppetry, comedy and theatre from England, Australia and the U.S.A.

Tickets are available in advance (call 280-4444) or from the site box office, west of the boat launching ramp, during Festival week.

But it doesn't have to cost a lot of money to enjoy the Festival. Much of the event's charm and success stem from its commitment to present quality family entertainment in a non-exploitive environment.

### FREEBIES GALORE

A multitude of free and 'almost free' activities (suggested contribution \$1) and performances take place around the site throughout the week.

Facepainting, storytelling, kite flying, Arts Umbrella Sculpture Zoo, tightrope walking and music making are among the many activities offered. The Vancouver Police and Fire Departments will be on hand with interactive displays and demonstrations. Free roving and Esso Family Stage performances will keep the park buzzing with unexpected sights and sounds.

And now the bad news. After 14 deficit-free years, this year's recession, GST and schools closing have combined to threaten the Festival with a financial shortfall. A SAVE THE FESTIVAL FUND has been established. You can make a donation by credit card when ordering tickets or by calling 687-7697.

### One of the year's best volunteer jobs

687-7697 is also the number to call to join the Festival's army of volunteers—over 600 are needed each year. It's a great way to renew your optimism and sense of wonder.

The Children's Festival is a wonderland for the young and the young at heart. We are blessed to have such a world winning event just a few minutes walk away down the seawall.

Bring a lunch and make a day of it. If it rains (and it almost always does!) bring an umbrella, dress in layers and wear your gumboots. The tents feel and sound wonderful in a downpour—it all just adds to the festive atmosphere.



## Community Centre's Easter Egg-stravaganza the best ever

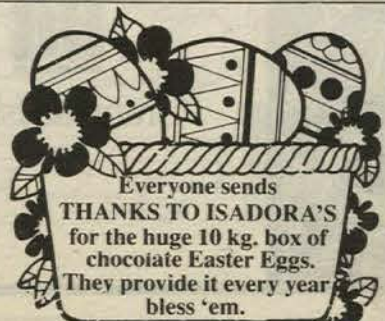


"We'd call it a 'Franticanza' gaped the Centre's Program Assistant Wayne Lind and Program Committee Chairman Nancy Nagelkerke, bracing themselves, and each other, between the 3-5 yr olds' Egg Hunt and the boisterous 6-12 yr olds' scramble that followed it.

When the kids piled out of the bikemobile a thoughtful parent piled Fido into the safety of the bike basket, for a dog's eye view of the craziness.

Wayne Lind organised it in such a fashion it wasn't the hitherto "late 10 mins. and you've missed it."

The crafty method of hiding eggs and "winning" paper shapes enabled children to have the fun of finding real chocolate eggs and Wayne to 'adjust' the parcelling out of prize-winning bags of eggs.



Not only did the Creek Reporter arrive in time to observe most of it, the Centre's Program Assistant

## Creek Centennial

June 1991 - 100th Issue

Now is the time to let you people know what is happening for our Giant Celebration for the aforementioned event.

We are planning a one-day celebration.

We are planning a special edition of The Creek.

We do need more help and sharing of ideas for this Festive Event.

Want to know more? Call me.

CAROLE ROACH. Tel. 734-3416

lutely nothing wrong with the Irish Rovers but when one has one's heart set on "Dance Me to the End of Time" the Unicorn just doesn't suffice.

I persevered, prepared to forgive her. After all, she is BOBE. So one more small favour I asked. "Please Mom, tickets to Tom Robbins - I really want to go and he is completely sold out." Did she come through you ask?. Alas, nay. She still owes me.

So whether or not I coordinate this festive event remains to be seen.

I can't wait to see how much of this she actually puts in print. She avowed I would have complete control over this column. So, BOBE, NO EDITING.

Now is your chance readers. If you've always wanted to tell the Editor off, call me. I'll print it. But please, PLEASE, no bouquets for her or I shall have to print those too, God forbid.

Now on a personal level. It's been extremely difficult for me to organise this celebration simply because of BOBE (pronounced *Boobie*) meaning Beryl Old Bat Editor.

First of all, I was coerced into doing this. She initially offered me tickets to see Leonard Cohen but did she follow through you ask? Oh yes. Not with tickets for Leonard Cohen but rather with tickets for the Irish Rovers. Seems poor old BOBE got their names mixed up. There's a abso-

Editor



Beryl Wilson

### July 1st Celebrations

Rick Taylor is sticking to his resolve not to take on organizing a WHOLE DAY of activities for July 1st but he was so pleased with the way the evening events in Leg-in-Boot Square worked out last year he has decided to do that part again.

His plans at present are to start with a **Teddy Bear's Picnic** (can't give that up) at 5 o'clock, continue with some family entertainment and finish up with a band such as the **High Tops** "to serenade us as the sun sets". (Rick's dream!)

He will again ask adjacent restaurants to provide special items and discounts and encourage families to bring picnics.

**ANY NOBLE SOUL** who wants to take on organizing **daytime events** should call Rick Taylor at 879-7637.

Sufficient funds for a modest but happy July 1st are in place. The False Creek Community Association will provide its customary \$1000; Rick has applied to the Office of the Secretary of State for the small grant that is usually available, and Granville Island provides generous support.

**save this house**



## WALK FOR PEACE

& PLANETARY SURVIVAL  
**APRIL 20 1991**  
NOON AT KITS BEACH

Please make your donation payable to:  
**End the Arms Race**  
1708 W. 16th Ave.  
Van., B.C. V6J 2M1  
Phone: 736-2366

Bravo for the folk at End the Arms Race for still believing peace and disarmament are possible. While there's so much money to be made from arms building and trading? Fat chance.

Accepting that the United States is the world's biggest bully better would be easier if only its leaders were less sanctimonious in bandying about their claims to moral, just, good intent.

## False Creek residents pinched between Tow trucks on the outside and Bikes on the seaside

To the Editor:

False Creek traffic problems continue with no end in sight.

Daily residents can identify numerous vehicles cutting through our residential streets when they should be using 6th Avenue.

The City Engineering Department has promised this community their Works Yard vehicles will no longer use our streets. I would hope our neighbour Granville Island will also be anxious to assist False Creek residents in reducing the un-called for traffic on our streets.

A great number of commercial vehicles driving through False Creek are destined specifically for Granville Island. For example, delivery trucks and tow trucks who prefer the route of 1st Ave./Commodore/Moberly/Charleson/Lamey's Mill Road over the 6th Ave. truck route. Most of this commercial traffic takes place during business hours when it is annoying and endangering residents who are at home and out in our community during the day, such as children and the elderly.

One commercial venture that continues on our streets around the clock, 7 days a week is **BUSTERS TOWING**. This company has the Granville Island contract to tow illegally parked vehicles from Granville

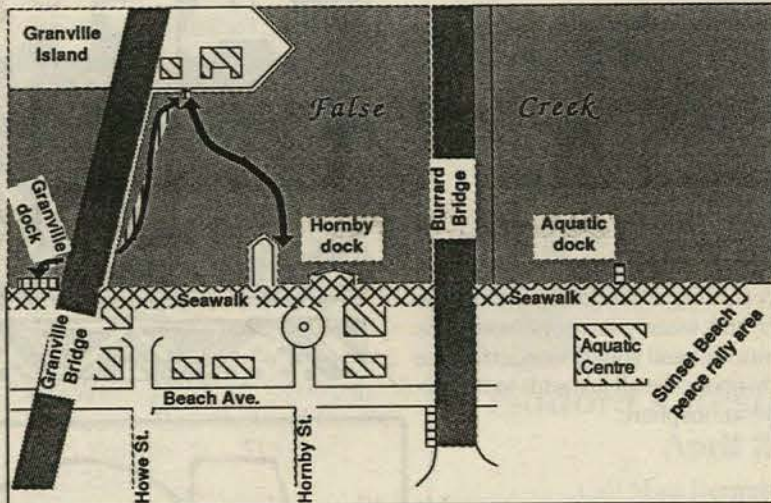
Island to their yards at 1st Ave./Quebec St. Over the past three years numerous complaints have been made to Busters' Management, City Engineering, City Police and even Granville Island management in an effort to ban the tow trucks from our streets. Yet daily we continue to dodge them, whether walking to the bus stop or driving in and out of our parking areas.

Since Granville Island contracts Buster's Towing, is the management of Granville Island not interested in being a good neighbour by suggesting the towing company refrain from using False Creek residential streets, or better still, contracting a company that will guarantee their drivers will NOT conduct their business through our neighbourhood.

We, the residents and neighbours of our community must work together to make our streets safer and quieter by reducing our traffic and restricting it to **local traffic only**. Commercial vehicles must use the main road and truck route of 6th Ave.

We must tell Busters Towing and Granville Island to **KEEP THE TOW TRUCKS OFF OUR STREETS**.

A. Schaepmeyer  
Concerned resident.



### FERRY SERVICE for the PEACE MARCH

The **AQUABUS** connects the Arts Club dock on Granville Island with the Granville and Hornby Street docks in the West End by continuous rapid shuttle service. Both docks are a short distance along the seawalk from the Peace Rally area on Sunset Beach

If you don't send a donation to the **End the Arms Race** organisation, you can throw money in a bucket at the site.

You need addresses to send money to organisations desperately trying to feed and cover the **Kurds**.

Yes, it's hopeless. No it won't solve anything. But every single person who reads The Creek has a roof and an excess of food. **SO SEND MONEY**

Apart from Red Cross, World Vision, Save the Children amongst innumerable non-governmental humanitarian organisations, there are two more tackling the nitty-gritty:

**Mennonite Central Committee Gulf Emergency Fund**  
134 Plaza Drive  
Winnipeg, Man. R3T 5K9

**Glob-Ed**  
Suite 3201  
77 Harbour Square  
Toronto, Ont. M5J 2S2

(This is the group cartoonist Ben Wicks' wife, Dorene, founded to collect and ship desperately needed medical supplies around the world.

To the Editor:

More on the "endless."

Just another pedestrian letter.

As a long term resident of the south shore of False Creek with many friends with whom I like to chat, stroll, visit on the seawall.

As a sleepy, unawake, pre-coffee early morning dogwalker unaware of the world much less the needs of cyclists.

As I wander in a meandering, unpredictable fashion—stopping, turning, backstepping, driven only by the exciting scents drawing my dogs (with me in tow).

As an often uptight, tired, after-work dogwalker wanting to unwind with my friends and acquaintances as we throw balls and follow the energetic behaviour of our pets around the seawall.

I agree with your "You're damn right" comment. This is my neighbourhood. The sense of community I

experience on the seawall is certainly one of the major reasons I love to live in the Creek.

I also own a bicycle. I feel I'm a responsible (if infrequent) rider.

I do NOT agree with separate sides, painted sidewalks or speed limits (per se). I do believe that **PEDESTRIANS** not **BICYCLES** are what the seawall is all about.

Therefore, at the risk of appearing arbitrary, I believe that **CYCLISTS YIELD TO PEDESTRIANS** must be the operating practice around our seawall.

Given all of that, I also believe (have observed) that the majority of cyclists around our seawall are responsible, courteous riders. It is, once again, the few rather than the many wielding the brush by which the paint is applied. So it is to those few that I request **PLEASE SLOW DOWN**.

David Muir  
Scantlings, False Creek

### Bicycle Advisory Committee pays attention

Either John McBride made more of an impression on the Bicycle Advisory Committee than he thought, or the BAC read the 'More on Bikes' item in the March issue of The Creek—or both. The committee does at least, and at last, seem to have grasped that the usage of our False Creek South seawall is different from others parts of the Official Bicycle Route.

The BAC decided to hold two Sunday Seawall Surveys. The first was this past Sunday, April 14, when Sally Smith and John Whistler of the BAC and John Keen from the Police Department's Traffic Special Services Division, spent three hours on the seawall by Spruce Harbour Marina greeting walkers and cyclists with the question "What do you think of the Seaside Bicycle Route."

Needless to say several people thought there should be a **LINE PAINTED ALONG THE SEAWALL**. The Creek Editor was quite shrill in declaring we'll have none of THAT.

When we all calm down (after nearly being flattened by a fast biker) we must recognise there are only a **handful of culprits** whose thick heads we have to penetrate with the message **SLOW DOWN**. This is probably better achieved by shouting it as they whiz by than by an overkill of yellow lines, physical obstacles, signs, threatened (and unenforceable) fines.

There was not time to advise residents in advance of this first survey. **THE NEXT ONE** is scheduled for **SUNDAY, MAY 12. 1:00 - 4:00**

Mark it on the calendar and stir yourselves to go out and write your piece.



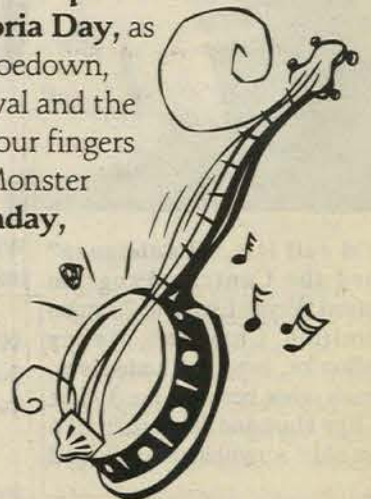
## FINGER PICKIN' GOOD!

Join us **May 1 through 26, from noon 'till 2 pm Fridays, Saturdays, Sundays and Victoria Day**, as the Market Courtyard hosts a Bluegrass Hoedown, courtesy of the Worldwide Bluegrass Festival and the Pacific Bluegrass and Heritage Society. If your fingers are itching to pick a little music, join the Monster

Bluegrass Pick-In on **Sunday, May 12th**. For details, call the Granville Island InfoCentre at 666-5784.



Granville Island



### The Community Centre's Easter Saturday Noah's Ark Pet Show wasn't crowded but there was certainly variety in the entries



Natalie, Jennifer & Suzanne Burke created Lisa the Parrot.



Jonathan Braun and his lovely dog Willie won a couple of certificates.



We had trouble keeping Jason Leane's Barney the Turtle still long enough to take his picture.

Jason is reported is to have 20 pets in his home. He could put on a whole Noah's Ark Pet Show all by himself.

### More Egg-stravaganza pics.

We didn't know Canada geese kept their eggs under water, and thought the gander defended them to the death. Human skulduggery may be the explanation, but Nicole

Meneghello and Katie Dunn from Pennyfarthing found an unguarded goose egg in the Sutcliffe Park pond (and put it back after posing for our picture).



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**MONTH END HOURS:**  
Tues. April 30 9:30 a.m. - 9:00 p.m.  
Wed. May 1st 9:30 a.m. - 7:00 p.m.

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# THE VANCOUVER PLAYHOUSE

## Shirley Valentine



**Morris Panych**  
stars in  
**HERRINGBONE,  
THE MUSICAL**  
at the  
Vancouver Playhouse  
**April 23 to May 18**



returns to the **Vancouver East Cultural Centre** (1895 Venables St.)  
**April 23 to May 25**

If you missed seeing **NICOLA CAVENDISH** as *Shirley Valentine* at the Playhouse, you have another chance.

And if you miss her a second time you're foolish. She was sheer delight.

In the film other actors played all the characters with whom she interacts. And yes it was a winner. What makes Nicola's one-woman performance remarkable is that she brings them all to life "before your very eyes", so to speak.

Tues. - Fri. 8:00 p.m.  
Sat. 6:00 & 9:00 p.m.  
**Sunday: 2:00 p.m.**

It's been a hit in Chicago, New York, Cleveland, played at the Edinburgh Festival last August and has been nominated for a London's Best Fringe Award for it's run at the Kings Head Theatre last October.

This fast-paced vaudeville drama will be directed by Larry Lillo

Mon. - Sat. 8.00 p.m.  
Sat. matinee: 2:30 p.m.  
**SOLO NIGHT - Mon April 29**  
Reception: 6:30 p.m.  
Introductory talk: 7:00 p.m.  
**SENIORS' MATINEE - Wed. May 8**  
Complimentary tea: 1:30 p.m.  
Show: 2:30 p.m.



Tickets for both productions available at the Playhouse Box Office at 7th & Cambie (873-3311) or all Ticketmaster outlets.

..."a spooky, non-stop highwire act, made all the more eerie by the frequent absence of the wire." So Frank Rich of the New York Times described it.

A one man tour-de-force about an 8 year old boy who is possessed by the spirit of a 37 year old tap dancing midget seeking revenge on his old partner. Sounds like a good way to end the Playhouse Theatre Company's season.

It also sounds like a natural for **Morris Panych** who will sing and dance his way through 10 split-second changes of character. Keyboard specialist **Simon Kendall** will double in the role of Thumbs Dubois and as Musical Director.

Tom Cone's **Herringbone** started as a one-act play staged by the New Play Centre in 1975. Cone subsequently developed it into a full-length musical, with music by Skip Kennon and lyrics by Ellen Fitzhugh.

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**Plaza of Nations**  
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for bikes, rollerskates, skateboards, scooters, wheelchairs, buggies.

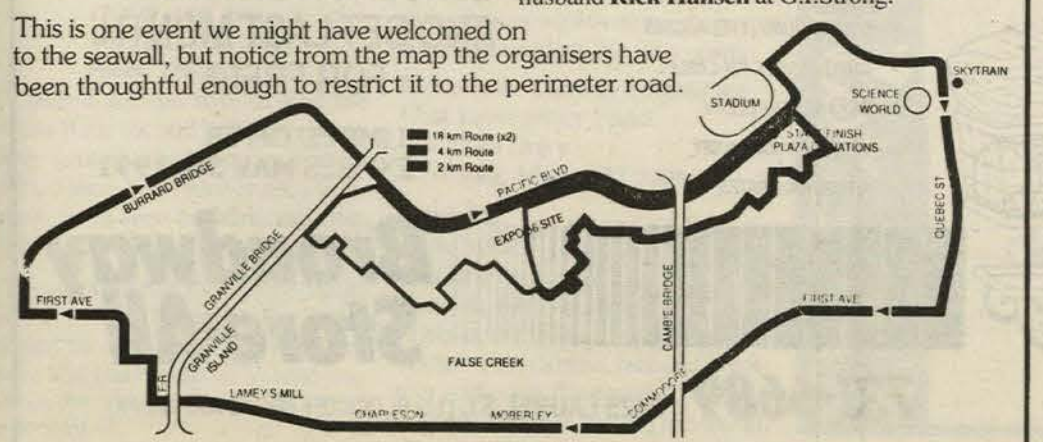
Pick your wheel style and course - 2km, 4km or 18km.

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Hotdog and hamburger BBQ Lots of fun activities and  
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- Best team costume
- Most unusual vehicle
- Youngest roller
- Oldest roller
- School/group with most rollers


Not surprising **Amanda Hansen** is Honourary Chairman for the B.C. Rehabilitation Society which provides rehabilitation to hundreds of physically disabled people at its G.F. Strong and Pearson Centres. She met husband **Rick Hansen** at G.E. Strong.

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**MIXED BLESSINGS**  
on the Granville Island Stage



Norman Browning stars as Mark, the film writer whose career demands continually override his wife's desire to start a family. Gillian Barber plays his lawyer-wife Diane, in Sherman Snukal's new comedy **MIXED BLESSINGS**. The cast list does not include Benjamin (It.) and Leanne—maybe they are just around for publicity shots, and as "noises off."



2 for 1 TEA MATINEES have proved so popular, and not just with Seniors, that the Arts Club Theatre has decided to make them a monthly habit. If The Creek forgets to announce the date each month, call the Box Office.



SPECIAL 2 for 1 **FOR TEA MATINEES** for **'MIXED BLESSINGS'**  
WED. April 24  
WED. May 5  
Showtime: 2:00 p.m.  
Teatime: 4:00 p.m.  
COURTESAY: *Tetley's Tea*

**MIXED BLESSINGS** brings forth the issue "Is there a right time to have children?" with the story of two couples whose biological clocks have turned into time bombs just as their careers have become more demanding.

Colleen Winton and Andrew Wheeler play their bizarre-solution-offering best friends. Barney O'Sullivan will undoubtedly give a lovely performance as Ben, Mark's widowed father adjusting to life as a single man in the '90's. Verna Sood will complete the cast as Mark's production assistant.

**Mixed Blessings** will be directed by Mario Crudo, who especially enjoys the challenge of bringing playwrights' new works to the stage.

1/2-price Previews  
from Wed. April 17

OFFICIAL OPENING  
WED. APRIL 24



**DADS IN BONDAGE**

on the  
REVUE THEATRE STAGE

by Robert More

Music by Tom Doyle

Men's answer to *Angry Housewives*, **Dads in Bondage** is a musical revue starring 4 men, 3 babies (Ronnie Burkett's puppets!), 1 frazzled woman (who plays all the wives) and 1000 diapers.

The cast will be Pete Graham, Allan Zinyk, Howard Siegel and Karin Konoval - (Hm! one Dad short).

1/2-price Previews MAY 1 - 6

OFFICIAL OPENING  
TUESDAY, MAY 7

**Club Art, Arts Club  
What's the Difference?**

At the Granville Island Arts Club Gallery MAY 5 - 26

Showcases the talents of the ever-versatile, creative Arts Club Theatre staff who will exhibit their wares. The multi-media exhibition, from the hands and imaginations of designers, carpenters, lounge staff, the publicity department, even some past actors, will span a range of disciplines from painting and photos to ceramics, scale models and furniture.

From May 6th only theatre patrons will be able to see these treasures.

**FOR ONE EVENING ONLY  
SUNDAY, May 5th  
6:00 - 9:00 p.m.**

The General Public is invited to view. The bar will be open, a band will play and hors d'oeuvres will be served.

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**SAILOR'S DELIGHT**

From ship to shore, Granville Island's Floating Boat Show is a great place to explore the newest wonders of the seven seas. From eight-foot inflatables to luxury yachts, you'll delight in all the news that's fit to float for sail and power boats. **April 26-29, from 10 am to dusk**, on the West Docks, alongside the Maritime Market. For more

information, call the Granville Island InfoCentre at 666-5784.



Granville Island



*Back Stages*

at the



Mon. - Thur. Noon - 1:00 a.m.  
Fri. & Sat. Noon - 2:00 a.m.  
Sun. Noon - Midnight

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**KENDRA**  
April 19 & 20

**NIGEL MACH**  
April 26 & 27

**GENE GARCIA**  
May 3 & 4

**SUE LEONARD &  
THE SHADES**  
May 9, 10, 11

**JIM FOSTER**  
May 16, 17, 18

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## Why Weight?

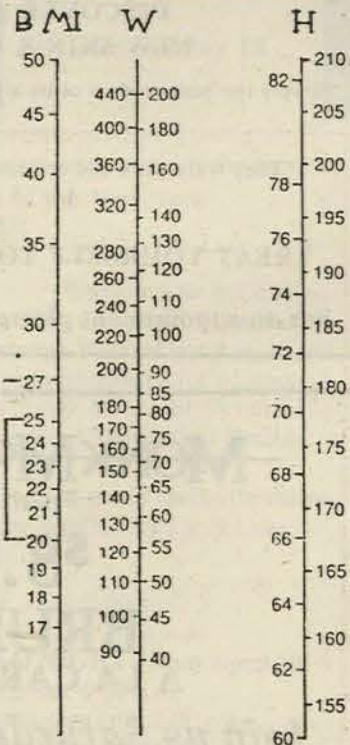
Why weight indeed? The answer is easy. Body weight can be a very important indicator of your present and future health. Here, then, is revealed all you ever wanted to know about what's the right weight for you.

Many Canadian health professionals are now using a simple tool devised to screen you and me for health risks due to, on the one hand under-weight, and on the other obesity or excess body fat relative to lean body mass.

This **Body Mass Index (BMI)** was recommended in 1988 by Health & Welfare Canada's expert group on Weight Standards when it drew up guidelines for healthy weights.

The Body Mass Index sounds pretty complex. Your weight in kilograms is divided by your height in meters squared. However all the mathematics has been converted into a handy scale. By knowing your height and weight you can see in a jiffy just where you stand in the BMI scale—whether you are in the healthy weight range or not.

### BODY MASS INDEX



Adapted from:  
The Expert Group on Weight Standards,  
Health & Welfare Canada

The BMI recognizes there are many healthy body shapes and sizes, so within the healthy range there are many acceptable weights for your height. The BMI is used for men and women aged 20 to 65 years. It should NOT be used for children, adolescents, pregnant or lactating women, adults over 65 and muscular athletes.

It is easy to find your BMI. Using the BMI scale, mark an X at your height on the H (height) column and an X at your weight on the W (weight) column. Join the two Xs with a ruled line. To find your BMI, extend the line to the column marked BMI. For example, if you are 5'10" (70") and weigh 180 lbs., your BMI is about 26. What does that mean? Read on.

Let's look at the different BMI levels and what they indicate.

#### Under 20

A BMI under 20 may be associated with health problems related to low weight in some people. It may be a good idea to consult a dietitian and physician for advice.

#### 20 - 25

This zone is associated with the lowest risk of illness for most people. This is the range you want to stay in.

#### 25 - 27

A BMI over 25 may be associated with health problems for some people. Caution is suggested if your BMI is in this zone.

Over 27 is associated with increased risk of health problems such as heart disease, high blood pressure and diabetes. It may be advisable to consult a dietitian and physician for advice.

If your own results are not to your liking, it's never too late to switch to a healthy low fat, high fibre diet, along with some regular and enjoyable exercise. ☺



The Netloft  
Granville Island

## Perseverance

by Michele Hardy

Until April 30

Michele is both a textile craftswoman and a social historian; she is currently near the end of her degree in anthropology which will be followed by graduate studies in the social history of textiles.

Her show speaks with skill and imagination on a central theme—the changing roles of women. She says, "Ideas of what women 'should' be have become so embedded in society they seem 'natural.' Thus many women are caught between old myths or ideals of behaviour, and new demands."

Textiles themselves have a special feminine resonance to reinforce the myths since for centuries weaving and spinning were traditionally done by women. In the middle ages their workshop would be one of many basic trades established on the great estates; the weaving was usually overseen, and often shared, by the wife of the overlord. As for embroidery, it took on a special aura because it required leisure and so became an acknowledged aristocratic pastime.

Edward Lucie-Smith, in *The Story of Craft*, points out how craft skills have commanded respect, as much for talent as for the "ability to make it tributary to oneself." Precious textiles have from the first paid tribute to peoples' perception of themselves and each other, the more precious and rare the better.

The Imperial purple of Rome required huge quantities of shellfish (*purpura murex*) to dye even a small quantity of wool—only a single purple stripe adorned the white togas of

the Imperial officers. In contrast to the power latent in the royal purple of woollen robes is the dependance subtly implied by pale colours and delicate textiles.

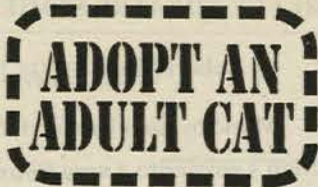
Michele's exhibit uses fragile white net and silk, interspersed with shades of pink and fluttery silk leaves or white feathers, to underscore the old metaphors that have for so long constrained the perception of 'women.'

Michele writes, "For example, in 'Comforter' a woman is placed within a quilt-like form; it is she who has traditionally been the comforter. She is framed by many leaves, lace and gold—trapped by these things that so narrowly define her. The 'Victorian vessels' perch on little pedestals like artifacts, angels, or other rarefied and thus delicate objects in need of support and protection. They are all surface, pretty and fragile looking, hiding the real woman, maybe even from knowing herself."

The exhibits are created on the sewing machine, using a variety of materials and techniques inspired by embroidery, basketry, lace-making, applique and patchwork.

I forgot to ask Michele her reason for the show's provoking title: "Perseverance." But each woman who sees this show will most likely be provoked to discover her own interpretation—the acid test of creative art, to spark recognition of a universal, but not always perceived, truth.

Thelma Ruck Keene



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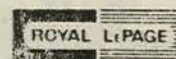
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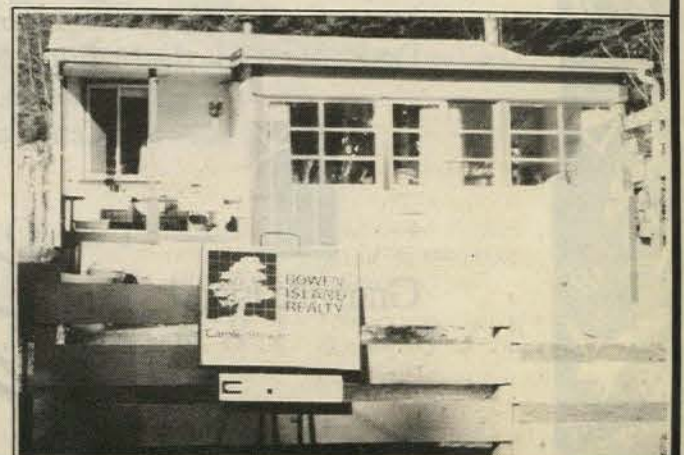
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# Noticeboard

by Nancy Nagelkerke

665-3425

**Spring is here** (according to the date if not always to the weather)

The theme is outdoor activity.

## WORKSHOPS

**GARDENING IN A SMALL CONTAINER - SAT. April 27** - 10 a.m. - Noon FEE: \$7  
 Taught by **DAVID TARRANT**, author and the irrepressible host of the CBC TV program **Canadian Gardener**.

(Date change: This workshop was listed as April 20 in the spring brochure).  
**Register SOON.** Space limited - 12 signed up a week before press time).

(Ed.note. David is such a charmer it will be an entertaining morning even if you only grow weeds.)

## NATURE WORKSHOPS

**WED. May 8** - West Coast Trail 7:00 - 9:00 p.m. \$2/class  
**THUR. May 23** - Stein Valley 7:00 - 9:00 p.m.

Learn about observing plants in a natural setting and wonderful areas to hike from **David Jennings**.

To tune up your body for the hikes:

**AEROBIC POTPOURRI - WED. April 24** - 7:30 - 9:30 p.m. FEE: \$10

**Patricia Bernier** and **Michelle Clarke** will instruct beginners and intermediates on the F.I.T.T. principle, prevention of common injuries, and much more.

If biking is more your style, learn 3 different types of

**BICYCLE MAINTENANCE** from **Doug Hoste** at the **Reckless Rider** store (2nd/Fir).  
 A hands on workshop.

**WED. May 1 & 8** 6:30 - 9:30 p.m.

**WED. May 15 & 22** 6:30 - 9:30 p.m. \$60/2 sessions

For those who prefer quieter indoor activity we offer the gentle, ancient art of

**CHIYOGAMI - JAPANESE BOX MAKING - SAT. May 11** - 10:00 a.m. - 3:00 p.m. FEE: \$27  
 Expert **Yashushige Shino** will show you how to create beautiful Japanese boxes.

## WATERFRONT PROGRAMS

If you've watched people canoe and kayak around False Creek and said "I want to do that one day", now's the time to enroll in these beginners' programs.

**SEA KAYAKING - TUES. May 7** 6:00 - 9:00 p.m. Adults: \$35/1 session. Teens 16+ \$31//1 session

**CANOEING FOR ADULTS - MON. & WED. May 1 - 15.** 5 sessions. 6:30 - 8:30 p.m. FEE: \$56

## CHILDREN'S PROGRAMS

New for Spring. Both programs leave from False Creek School.

**ROLLER SKATING & ROLLER BLADING** - Starting **FRI. May 3** - 3:00 - 5:00p.m. 7 sessions.

\$31 (own skates) or \$33 with skate rental

Skate in the Riley Park Community Centre now-iceless ice skating rink.

**BOWL AWAY** at the **Ridge Bowling Lanes** with a qualified leader. Starting **WED. May 15**

3:00 - 5:30 p.m. 4 sessions. FEE: \$19

**CHILDREN'S TENNIS** lessons for children from age 5 to 18.

Learn and develop tennis skills whether you are a beginner or more advanced.

Younger students will learn by using small paddles and later, special cub racquets designed for young players.

For information about classes please contact the Community Centre in person or by phone - 665-3425.

# Seniors' Scene

by Marge LeGresley

Our April meeting was fairly well attended considering the horrible weather conditions. For those of you who couldn't make it, the Newsletter may be picked up at the Centre.

Lind gave us an up-date on the progress of work on the Centre, which could be completed by the end of the year.

Jean reported on the great success of the Bellingham trip and Wayne

We discussed future events which Jean has planned for us as follows:

**THURS. APRIL 25** - Duo Matinee - Movie "A Room with a View"

Followed by dinner at Miriam's. Cost: \$8

Meet at Starlight Cinema at 2:45 p.m.

This outing will be repeated on the last Thursday of every month - title of films to be announced.

**FRI. APRIL 26** - Spring Banquet at Frank Baker's at 5:30 p.m.,

Cost: \$18 with 3 choices of entrees.

2975 Cambie St.

List should be completed by April 19.

## FUTURE DATES

**WED. JUNE 5** - SENIORS' STRUT at **Minoru Place** in Richmond.

Remember how much fun we had at last year's 'Strut' downtown? We should begin signing up our own personal sponsors and make money for our Club. Pledge forms will be available at the Centre.

**WED. JUNE 12** - Please note that due to the Strut, our June meeting will be one week later, when we will discuss plans for summer with Jean.

We are glad to have **Mary White, Ruth Powers** and **Ruby Phillips** all back safely from their vacations and all looking so well.

Many members have April birthdays and we wish them all *Many Happy Returns*.

In response to your many kind enquiries regarding Jeff's progress, he is improving slowly but surely and we are hoping that his admission to the Pentecostal Lodge will not be delayed too long. When that happens he will be in familiar surroundings with many friends and neighbours close by.

Now that spring has sprung, what are your plans for the summer months? A wonderful outdoor activity for **any agegroup** is Lawn Bowling and the following is an invitation

for anyone who enjoys the outdoors and would like to meet new friends. There are quite a few False Creek members already and we would like to increase our numbers.

## YOU ARE INVITED TO

### OPEN HOUSE

at

**TERMINAL CITY LAWN BOWLING CLUB**

(Corner West 14th Ave. & Fir St.)

**Sunday, May 5th** from 1:00 to 3:00 p.m.

Without any obligation, try your hand at **BOWLING ON THE GREEN**

(Wear flat-soled shoes -no heels)

**TRY IT - YOU MIGHT ENJOY IT**

## Profile - Robert Waltz

by Nancy Nagelkerke

Robert Waltz is living the life most of us just dream about.

Last December, at the age of 70, he retired from the Jericho Sailing Centre to devote more time to his great loves—writing and sailing—both of which he does with passion and style.

Four of Robert's books have been published and translated into three different languages. Currently he is completing a trilogy of stories titled *Sodom And A Greek Passion*. The first book of the trilogy is called *Rags and Old Iron*. He is also working on two other stories.

**SUNAR II** is the name of Robert's boat. It started out as a lifeboat in the forties. A decade later it was refitted in Bella Bella. During EXPO 86 it was part of the Maritime Museum's Heritage display. Robert is planning to sail her around the San Juan Islands this summer. His dream would be to travel up the Yangtze River with his boat.



Part of his interest in China comes from living in Chinatown for the last five years. Robert serves as his housing co-operative's treasurer. He lives with his two charming sons Rob (23) and Ted (25), plus Tilly the cat and Puccini (Pucci for short), a huge black Labrador dog.

After completing his current French course at S.F.U., Robert plans to study Mandarin. He has lived in some of the most interesting and beautiful areas of the world, including Greece, Paris, Cannes, Spain, Amsterdam, Yugoslavia and Israel, which have become settings for

some of his books. In 1967 Robert and his "French" family (his last two sons were born in France), arrived in Canada.

Robert joined the False Creek Community Centre five years ago to continue his 20 year study of Akido. Now he serves as a FC. Recreation Association Board member. He regularly attends the noon hour aerobic fitness classes, carpet bowls and goes

on outings with the Seniors. But most wonderful of all, Robert was Santa Claus for the Centre's Breakfast with Santa. He even supplied his own beard!

If you get the opportunity to talk with Robert Waltz or sail with him, jump at it. It will be an experience you will not forget quickly. His life is an incredible story which he lives joyfully and shares generously.

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**EMPLOYMENT CENSUS '91**  
 Census Day is June 4th.

**CENSUS REPRESENTATIVES**  
 are needed for False Creek and Fairview Slopes. This is part time employment, for 7 weeks starting May 21st. As it involves delivering Census forms to individual households it's preferable to have 'foot soldiers' familiar with their area. The Census Commissioners for False Creek and Fairview Slopes both live in their own neighbourhoods.

Interviewing begins next week. Those interested should APPLY IMMEDIATELY. Write to:  
 Census '91  
 PO. Box 118  
 Station A  
 Vancouver, B.C.  
 V6C 2C8.

PAY? Piecerate (based on no. of households covered) based on \$8.75/hr.  
 Applicants must be over 18 yrs. old.

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**VANCOUVER INTERNATIONAL WRITERS FESTIVAL**



**THE WRITE STUFF**  
 What's new this year is the **AUTHORS SERIES**, presented by the Vancouver International Writers Festival, to provide an ongoing forum for readers to hear internationally acclaimed authors reading from their works and to meet them in conversation, debate and exchange.

**SUNDAY, APRIL 28 2:00 p.m.**  
**Arts Club Theatre,**  
 Granville Island. \$13

**MARTIN GILBERT**, eminent historian, biographer and a charismatic speaker. His most recent release is *Churchill: A Life*.

**SUNDAY, MAY 26 2:00 p.m.**  
**Arts Club Theatre \$13**

**JEFFREY ARCHER** introducing his newest bestseller *As the Crow Flies*.

**MONDAY, JUNE 10 8:00 p.m.**  
**Vancouver East Cultural Centre**  
 1895 Venables St. \$13  
 (Tel. 254-9578)

A bilingual presentation of two outstanding Hispanic-American authors, **ARTURO ARIAS** and **AFONSO QUIJADA URIAS**. Compelling music with **Conjunto Folklorico de la Agrupacion de Familiares de Detenidos-Desaparecidos de Chile**, a women's choral group from families of the Detained and Disappeared in Chile. Guest performers including **Salvador Ferreras** and **Hugo Guzman**. (co-produced with the Vancouver Folk Music Festival.)

For tickets info. call the Writers Festival Office, (681-6330). They are on sale at various bookstores at the Arts Club Theatre Box Office (687-1644).

**The Saving Grace of a Small Town** by Dan Mooney

Dan Mooney lives in Fraser Lake (west of Prince George) and describes himself as *Writer, philosopher, poor-man, poet*.

The Editor met him by chancing to share the same table at the Writers Festival brunch last fall. When he displayed enough curiosity about The Creek newspaper to buy a \$12 mail subscription, Ed. thought it would be novel to have a far-flung contributor.

Asked why he chose to move to Fraser Lake, Dan prefaced his article with a note:

*I could write about many logistical difficulties—growing a lawn, single*

If man is purposed to live within a social order, then I will assume he is meant to support and benefit from same. The personal business we effect daily should not be misconstrued as nutritious social interaction.

People in transition may move to small towns simply as an option, but some of us reside so as the result of a conscious choice over either city or rural life. I made the decision to live where/as I do for the following reasons.

Rural life may not sufficiently experience a child for the highly complex social interactions he must master if he is to conduct himself successfully in the world outside of his indigenous environment.

City life affords the luxury of anonymity at will. This does nothing to encourage personal interaction, nor does it retard the current trends toward social irresponsibility, as opposed to the small communities wherein one will mature in the awareness that he is recognized and so will be held accountable for his actions. Further, when we know our neighbours well, there is no gain to be had in the high energy consumption activity of attempted pretence.


Most importantly, via the actions of hewing our own wood, hauling our own water, growing our own gardens, managing our civic affairs, creating our own entertainment, protecting each other, etc., we create the illu-

*industry towns, nine months of snow, or driving half a day just to get to a hospital, but before I can do justice to said question, and to put things into perspective, I should address the aims and aspirations of the people who choose small, remote towns, not out of necessity but as a first priority environment in which to live and raise their children.*

sion of independence. This reality or illusion will facilitate freedom of thought which I value subordinate only to life itself. Total physical dependence on society (a consequence of specialization) will eventually lead to total psychological alignment with same, or so I fear.

Man must feel a part of and worthy contributor to the group and that as such the group will provide and protect in return. Without this sense of belonging, coupled with his own sense of autonomy and dignity, he will stumble nervously through life in a social void. It is this life scenario we attempt to elude by living in these small, closed communities.

**SOUNDS OF PEACE A fund-raising Dinner**  
 and performance by **Nawang Khechog**



**Isadora's Restaurant Granville Island**  
**April 22 6:30 p.m.**  
 Call Mati Bernabei at 321-5956 for tickets: \$35

Nawang Khechog is a Tibetan musician who is a resident of Australia and renowned throughout that country as one of their leading "New Age" musicians. He plays the Tibetan flute, the Australian Aboriginal Djirido and other wind instruments.

His credits include numerous TV performances, documentary film soundtracks and the music for the Australian TV series **Blackout**.

Nawang hopes to create an awareness of the unique culture of Tibet through his music. He is currently on tour of North America as part of the International Year of Tibet. His recent, well attended performances in New York, Ithaca, Boston, San Francisco have been critically acclaimed.

**EXPO REVISITED**  
 Hard to believe it's almost FIVE YEARS since that May 2 morning EXPO 86 launched us into what was for many the most magical summer of our lives.

The folks over at False Creek's great glass glitterdome, an indisputably successful legacy building—**SCIENCE WORLD**—are using the anniversary to do some fundraising for it, and for **PLAN** (the Planned Lifetime Advocacy Network, a charity that works with the families of mentally disabled children).

The big event, on **MAY 2**, is a \$150 gala anniversary celebration dinner at the Trade and Convention Centre (another legacy building). Some great designers will recreate the sights, sounds and memories for the event. Those with \$150 to spare can call **439-9566** (the PLAN office).

For those of more modest means there will be a \$19.86 reunion event at

**SCIENCE WORLD**  
 on **SUNDAY, MAY 5**  
 7 p.m. to midnight  
 A fun filled evening with Expo artifacts, memorabilia, snacks, no-host bar, lots of music and the "Freedom to Move" Omnimax film.

This is an Anyone's Welcome event—for the hundreds Expo staff, volunteers and all the locals who spent all that summer at Expo. There should be lots of "Good-to-see-you; wotcherbin doin'?" Tickets at all Ticketmaster outlets. (Call 687-8414 for more information.)

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