The Creek

VOL. 5 No. 5 *'Serving False Creek, Fairview Slopes and Granville Island'* MAY 1986

1st Annual Croquet Tournament

ISADORA'S MAY 3/4 ROYAL CROQUET TOURNAMENT was a great success despite the Prince and Princess of Wales being unable to participate.

If the truth were known they might have preferred larking about on the lawn to the standard round of gladhanding.

Umpire-in-Chief **Ginger James** and Assistant Umpire **John McBride** coached us and kept us honest and are to be congratulated for a fine event. Undoubtedly croquet is another activity added to the growing roster of False Creek Annuals.

The participants were:

False Creek Comm Centre-Brenda Ewert & Nancy Reynolds
v. Granville Island Woodworking-Alan Miller & Wilke Westgarth

False Creek Comm. Association-Beryl Wilson & Carey Linde
v. Granville Island Office- Dave Wilson & Cliff Lew

The Netherlands-Blue Thaddeus & Oksana Mazur
v. Isadora's Board-Ron Hansen & Hubertus Surm

Arts Club Theatre (1)-Jan Carley & Marcie Ruby
v. False Creek Co-op-Susan Swanson & Paul Morrison

Newsmall/Sterling Glassblowers-David & Alannah Newsmall
v. Creekview Co-op-Ian Roberts & Bob Imhoff

Duso's (G.I. Market)-Sam Stewart & Fiona McLeod
v. Twin Rainbows Co-op-Will & Loni Galloway

False Creek Seniors- Walter Ibbetson & Geoffrey
v. Arts Club Office (2)-Zana Downes & Roland Gregovich

Spruce Village-Peter & Heather Van Loon
v. Isadora's Staff-Lindsay Bruce & Sylvia Males

Oksana Mazur and Blue Thaddeus in their specially bought Croquet Costumes (with John McBride and Ginger James)

And we all had tea. Maureen Savereux, in her best waitress outfit, with winning Creekview Co-op pair Bob Imhoff/Ian Roberts, and Carey Linde.

After second round, matches between:

G.I. Woodworking v.F.C.C.A.
Isadora's Board v. Arts Club(1)
Creekview v. Twin Rainbows
Arts Club (2) v. Spruce Village

The F.C.C.A. went on to narrowly beat a skillful Arts Club (1) team while Creekview won over Arts Club (2).

Then the clever half of the F.C.C.A. team, crafty G.I. lawyer Linde, met his match in Creekview's Bob Imhoff. Though Linde resorted to lying prostrate on the damp grass squinting and calculating the course, long practice paid off and Imhoff, suave and immaculate in white silk suit, brought the interminable final game to an end—and we all had tea.

Bob is a gracious winner; he bought champagne for the finalists.

Your reporter, astounded to find herself still playing after the first game, is the triumphant keeper of the **2nd Prize**—a handsome croquet set, which can now be borrowed by any responsible persons known to her.

Great thanks are due to Isadora's John McBride for organizing the event, and to the Granville Island Office for contributing financial support—and a team.

All the participating teams would wish us to thank Isadora's, too, for the tasty salmon barbecue to which we were all given free tickets.

The Costume Prize went to Brenda Ewert and Nancy Reynolds who appeared as the Queen of Hearts and Alice in Wonderland, respectively.

Beryl Wilson

These costumes can be a handicap for tricky shots astride the hoop.

Second place winners, Carey Linde and Beryl Wilson

PEARL SOLITAIRE RING

Found at False Creek School Sports Day

Owner should contact School Secretary

Changes to Parking Rates and Hours Heather Parkade

The new signs were **wrong**. Engineering Dept. must have used some they had in stock. The new signs should tell you:

9 a.m.-9 p.m. $0.25 per half-hour. 3 hr. maximum.

Therefore it's now **FREE** from **9 p.m.-9 a.m.**

The reasons:

Complaints from businesses there is little short-term parking for such things as quick trips to stores, visits to doctors' offices.

Suspicion it is used as residents' parking because the Downtown Parking Corp. has been lax in ticketing.

The aim is to ensure the lot serves its primary purpose: parking for clients to commercial enterprises and visitors to residents by preventing:

EXPO parkers

All-day resident parking

All-day employee parking

(Yes, your dinner guests will have to pay until 9 p.m., but it's impossible to meet all needs).

The City is asking D.P.C. to lean harder on offenders but D.P.C. can't very well do that until **the signs are correct.**

People in Heather Neighbourhood should lean on Engineering to get the correctly worded signs in.

1986 CENTENNIAL TENNIS BALL

SATURDAY, MAY 24, 8:30 p.m.-1:00 a.m.

With dancing, music, food, refreshments and good times.

The dress is tennis wear, 1886-1986.

Open to all adults. $5/person. Tickets should be purchased in advance.

Sponsored by the False Creek Recreation Association and Tennis Club

The Rooftop Gardener's Notebook

by Susan Baker

I had last month's column written in my mind—unfortunately, it never touched paper. Now, all the salient information for April is old hat and I have to think about the coming heat of late May rather than the cool wet of April—or is it the cool wet of June?

How depressing this **Ducks and Mallards** stuff has been. We were trying to paint graphics on the exterior of the German Pavilion for the entire month of April and we finally ended up working through the night for the two nights before opening day because those were the first dry periods in weeks!

Plants love the rain—unless they're in containers with slow drainage; in which case, a parallel can be drawn with your foot in a gumboot with a pinhole leak—wet forever.

What's in your garden?

My $45.00 worth of bulbs died in their beds with their boots on. That means that they never even sent out a probing root, which may mean that they were killed straight away by the November and December frost and not drowned in February, which would have shown some evidence of stem development.

What should we learn from this? Next year I should cover the pots with a blanket of burlap sacks when the frost threatens and maybe put a layer of clear plastic over the soil. The soil will have been moistened when planting the bulb so the plastic will retard evaporation moisture loss while keeping the bulk of the winter rain off the pot. The burlap will literally insulate the container against rapid temperature change. So next year a new strategy. It sounds like a pile of work and bother and since this was the first year I lost my bulbs, it might not be necessary next winter. However, a garden was never "there" but for somebody's effort.

What should you be thinking about in May?

How to have a great looking balcony/patio/rooftop for the rest of the summer.

First, there is the problem of **time**: it takes time to grow a single plant to the flowering stage and more time to get big and bushy. The solution is to buy **bedding plants**, well grown and vigorous. Avoid the wispy bargains because plants take too long to regain their momentum once lost. Buy three and crowd them together for the fullness effect. Once they are trailing down the sides of the container and drinking a gallon a day, you can separate them into more pots and spread out the impact.

Time also means the lifetime of the bloom which may finish in late June leaving you with green tubs and the sly use of silk flowers . . . ! Extend the blooming period by nipping off the spent flowerheads so that the plant doesn't go to seed followed by yellowing foliage and retirement from the field.

Second, choose a foundation of workhorse plants like **White Alyssum** which bloom fast and keep on going. Use it in strings of three along the edge of the container or six inches in on a patio border. For a continuous border, plant them three inches apart for a solid drift in short order. The pink and purple varieties are not so vigorous so you'll have to plant more for the same coverage. Remember that white glows and has maximum impact so deploy white and pale lavender in dark corners and under dark foliage.

Use a **Blue Lobelia**. Along with the Alyssum, these two plants are my summer-long colour foundation. Both work very had and are cheap and abundant in bedding plant stands. Use it like Alyssum, along the edge of the container and in borders. Lobelia comes in a colour range and either trailing or clumping habit. The purple one with the white throat is usually a clumper and dynamite planted near **Dwarf Lemon Marigolds**.

Dwarf Marigolds are very vigorous colour accent plants. Make sure you keep the spent flower heads picked off for continuous bloom unless you want baby marigolds popping up all around the mother plant. Since the seed reverts to species, you won't get the same colour and size from self-seeded volunteers.

Try these garden winners too: **Nicotiana** for height, colour and fragrance, especially at night. **Dwight Sweet Pea "Bijou"**, no strings but stems long enough for cutting. Buy some Dwarf Sweet Peal seeds, too, and put them in **now** for insurance. **Sweet William** provides a nice blast of colour in early summer while you're waiting for the **Geraniums** to explode in the heat. Get your **Geraniums** at the Geranium Society Show in June at Vandusen Garden. (You always get the best stuff at the Garden Society shows. Weird and rare stuff and all the information you need to grow it right.)

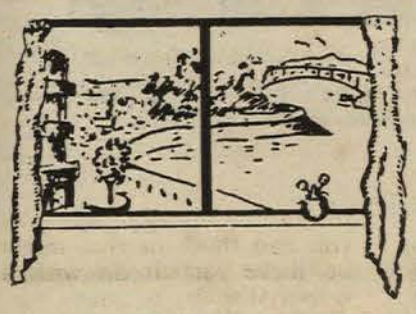
I can't hope to give you the best list of bedding plants to buy for your exposure. What I'm trying to do (always) is to whet your appetite for doing something with your outside space no matter how mean it may be. Every year I do the same things: **Petunias**, always singles, always "Cascade", and then some experiments, usually with the colours. The purples are gorgeous, the pinks, luminous, the coral radiates and the stripes confuse the eye. Read the tag. Watch the height and the exposure requirements and buy twice the amount you can afford.

Watch the height and the exposure requirements and buy twice the amount you can afford.

Get a big bag of **Mushroom Manure** and fill one-third of your container with it before mixing the rest of your soil with it.

Moisten the plant and soil well before setting out.

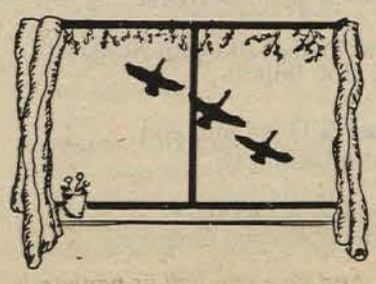
Remember, a glorious balcony will offset the impact of the penetrating din from across the pond.



WINDOW ON THE SQUARE

illustrated by Bob Kohn

by Frances Kohn



With so much going on, both here and across False Creek, the question is where to start. At the moment I'm typing to the beat of a drum as a picturesque Hong Kong boat races up The Creek. The drummer beats the stroke for 20 paddlers, in preparation for an historic and celebrated Dragon Boat Festival with colourful races, to take place in June off Heather Point.

The world around us is, indeed, lively these days. From a window overlooking Leg-in-Boot Square, the scene changes by the minute. Extra motion and commotion have been stimulated, of course, by the grand opening of EXPO '86. Many strangers mingle with the regulars, all out for a stroll, a walk, a run, just to enjoy the scenery or to find a snack or meal. Boaters weighted down with boating gear make their way to their sailboats in Heather Marina. Cyclists, too, some with young ones perched on a seat at the back, explore the sea wall. Other cyclists transport their fares this way in pedicabs, those quaint three-wheeled bikes. The passengers relax in comfort, and in case of rain are sheltered by a collapsible roof-top. Talking about wheels around The Square, you may have seen that very unique low-slung contraption, also on three wheels, where the driver lies back, half prone, to maneuver his vehicle? Recently, I had the opportunity to talk to the owner, Klaus Schmidt, and asked him about his unusual machine. Called a "tetratrike", he spent 1400 hours designing and building it. He likes the seating set-up to a reclining armchair. It looked so vulnerable to me, but Mr. Schmidt assured me that safety was not a problem. He has done over 1000 miles around the city, using it in the course of his work as an architect. In this connection we see him on occasion pass this way and along Lameys Mill Road. Over at EXPO, Mr. Schmidt has displayed this original piece of machinery in the "human powered vehicle" category.

False Creek is no longer the quiet backwater that it was when livaboards rocked peacefully at their moorage. Now, it's boats, boats and more boats! Big harbour ferries go by on their way up The Creek loaded with passengers. Other vessels carrying large numbers of people—anywhere from 100 to 250—continuously cruise back and forth. Especially picturesque are the paddle wheelers. The biggest, the Constitution, lets out eloquent hoots, as if to impress us with its importance. Lesser toots and whistles add to the holiday atmosphere. Two smaller paddle wheelers, the Yukon Belle and the Yukon Queen, conjure up thoughts of early gold rush days. Then there are those sleek grey people movers, the Resolution and the Discovery, as well as the more open decked one, the Scenic. The EXPO Transporter, that barge-like craft, unfortunately lets off some rather smelly gases. Anyway, it all adds up to a lot of humanity cruising up and down our scenic waterway enjoying all the sights and sounds. We haven't even mentioned the little ferry boats, the large charter boats, the luxury cruisers, the yachts, motor and sailboats, police and harbour patrols as well as the tugs and tow boats. Let's hope the Harbour Board continues to keep all of this well under control. Last, but not least, there goes the Hotei, that celebrated luxury yacht that proudly bore the royal couple up False Creek to officially open EXPO.

Then there are all the things on the move over on the site itself. Silhouetted against the sky is the gigantic space tower, its capsules running up and down on wires. All day and into the night, eager passengers travel up to the top in a capsule so as to thrill to the "free fall" plunge. It's that first second of the drop that's the real thriller, they say. Note I said "they" and not "I"! The glassed-in observatron slowly rotates around the tower as it ascends to give a magnificent 360-degree view. For this one, choose a clear day.

There's plenty of activity in the sky, too. Apart from other helicopters and planes, the EXPO helicopter makes regular sallies around the site. The precision flying of the "Snowbirds" at the opening of the fair was exciting. Another flypast over The Creek comprised about 30 vintage bush and Arctic aircraft. Some of these landed in English Bay and taxied up False Creek.

About mid-afternoon on the day EXPO opened, the royal flotilla worked its way up The Creek, led by a Haida war canoe. As the royal party neared the East Dock at the end of The Creek, a pair of Canada geese circled over and dropped neatly into the water just ahead of the canoe and continued to lead the royal procession to the dock—like in the legendary opera, Lohengrin, when the hero's barq is drawn onto the stage by a swan. In addition to this and oddly enough, a pair of geese added to the drama of the official opening of the B.C. Pavilion. Honking loudly, they flew from the water towards the rear of the stage and all the dignitaries. Just at the crucial moment when Premier Bennett rose to do the honours, both geese landed with a ceremonious splash into The Creek just behind the podium. What precise timing! Murmurs of an appreciative "Ahhhh" rippled through the audience. We knew Jimmy Pattison employed a lot of people for EXPO, but geese? So much for all those that think the geese are just a noisy nuisance. And, by the way, thanks to Helmer Nielsen, six happy goslings were safely delivered from a roof top into The Creek.

THE COMMUNITY CENTRE

1318 Cartwright Street, Granville Island 688-9478

SENIOR'S SCENE

by Sharon McNaughton

With the centennial celebration, the EXPO 86 opening and the royal visit all behind us, the centre is going full steam ahead with summer program planning. Our centennial dogwood tree, Eddy's White Wonder, is already in bloom and the historical photo exhibit is still on display in the lounge. We have tennis lessons, canoeing, sailing, baseball and other summer programs in the works for people of every age and interest.

WATERPARK OPEN WITH GRAND SPLASH

Regular season of the waterpark starts May 19 and continues to September 1 with the park open from 10:00am to 6:00pm seven days a week.

FOR KIDS

Our second session of **Waterbugs, Kinderswim** and **Children's Learn-to-Swim** programs start again on May 26. These classes are always very popular so make sure you register soon.

Art's Fun and Nature Art (3-5 yr. olds) are starting on May 23 and May 26. These are creative programs that help children to learn to use their imagination.

JUNIOR TENNIS CLUB STARTING UP

Junior Tennis was so popular last year that we're starting a Junior Tennis Club at the centre for 9-16 yr. old tennis enthusiasts. Events will include a tennis ladder, games days, tournaments and social activities. On May 20 tennis lessons begin for Paddle, Mini-Juniors and Juniors.

RECREATIONAL CANOEING

Also May 20 recreational canoeing lessons begin for 10-17 yr. olds. Come along and learn basic paddling skills and safety procedures that will allow you to enjoy both the aesthetic and competitive aspects of this wonderful sport.

FOR ADULTS

There is still time to join the last two sessions on Aromatics—a workshop series to learn about making potpourris and sachets, aromatic waters, herbal insect repellents, extracting herbal oils, and making incense and rosebuds.

FREE SENIORS' WORKSHOP

Last workshop for spring is **When I'm 64—Senior Benefits.** This is a free workshop put on by the Public Legal Education Society on Tuesday, June 10th, 7-8:30pm.

INTERMEDIATE KNITTING

Knitters can get some inspiration for new projects and learn a few new stitches at the handknitting classes for intermediate knitters, May 29-June 26.

VANCOUVER 100 city of the century

SUN LIFESTYLE OPEN HOUSE SAMPLER

Our **SunLifestyle 86** takes place on Sunday, June 1st from 1:00-4:00pm. This is a free sampler of centre activities for people of all ages. Join us for tennis clinics, a variety of fitness classes, introductory yoga, tai chi, dance/stretch classes and some great waterfront programs.

EMPLOYMENT OPPORTUNITIES

Are you interested in working with people?

Do you like to help people have fun?

The False Creek Community Centre has received a Challenge 86 summer grant and has two openings for program assistants. Pay is $3.65/hour. Please fill out an application form at the Community Centre office.

LETTER FROM THE CANADA GEESE OF FALSE CREEK

as dictated to E.B. Barlow

So it's our turn now. We are to be eliminated to suit the dainty sensibilities of "Expo visitors". Truly Bettina Purvis has some charming plans for us: Goose dinners, a goose egg hunt at Easter (we may, of course, not have started to lay by then, so good luck to the hunters), "A goose in every pot" and other nonsensical ideas. Has the fair Bettina never heard about "endangered species" which occur all too frequently all over the world, due to the very same attitude as she has.

Has nobody a right to live in this planet except the all-powerful, intolerant white man? We fancy this claim might be disputed by denizens of Africa and the Middle East.

We came, because the artificial lake along the Marina seemed to be designed as our natural habitat. So what happened? People, as usual, interfered—hastened to offer us food that was often unsuitable, and so we began to expect that. Can you blame us for that? Would not any white child have reacted in the same way? And now you call us panhandlers. Whose fault is that?

You claim that "we were here first." A frivolous and untrue statement indeed, for the Canada Goose roamed free long before the paleface with his disgusting habits and instincts of destruction ever turned up to spoil our lovely country.

The least you can do is learn to live and let live. If our natural processes disgust you and your visitors, consider what we feel about yours: cigarettes, chewing-gum, empty cartons and plastic containers. Clean up your own doorstep first, and leave us in peace.

by Marge LeGresley

At our meeting on May 7th, the following officers were elected by acclamation:

PRESIDENT: Walter Ibbetson
VICE-PRESIDENT: Rose Inglis
SECRETARY: Marge LeGresley
TREASURER: Mary White

Reports were received of past events, including the EXPO Tour which was attended by 36 of us, who learned a few "DO's and DON'Ts" on the site. Dates were announced for the following events which you should mark on your calendars at this busy time:

Fantasy Gardens in Richmond. Thurs. May 22. Cost: $5 (Car Pool or Bus)	Be there by 11 a.m. and bring Potluck lunch.
Expo Seniors' Showcase in the B.C. Pavilion. Tues. & Weds., June 10 & 11.	Jean will have a supply of books and tickets for those of 55 and over.
Bingo at Tulalip with Douglas Park Mon. June 23. Cost: $1	Pick up time at Centre T.B.A.
Barbecue at Jean's home in Richmond. Fri. June 27. (Car pools arranged)	Further details T.B.A.
Chemainus with 4-Star Tours. Wed. Aug. 6. Cost: $26.	If 10 or more sign up we will be picked up at the Centre.

At our next (and final) meeting on **Wednesday June 4th** we will have an hour long film on the CONCORDE by Patti Dorin—Sales Representative for Pacific Western Airlines. Come and learn more about this fabulous aircraft which is coming to B.C. for the Abbotsford Air Show in August. At this meeting we will also finalized plans for our participation in the Creek's July 1st celebrations.

By the time this issue is circulated our Bowling Banquet will be over and the winning team — skipped by Eric Foreman—will be in possession of the cup. Congratulations to all of you. Thanks to everyone who helped with the recent phone survey—there are still a number of replies to come in—please leave them at the office.

FRIENDSHIP LINK-UP

Friendship Link-Up is a new project for all Seniors living on the west side of Vancouver. Its purpose is to introduce people on the basis of an interest they would like to share with one or more others. It might be a daily walk, a game of scrabble, a bus or shopping trip, outings for dinner, lunch or films, or anything else you can think of that might be more fun to do with a companion.

The project is jointly sponsored by the **Elders' Network** and the **Health Department**. For more information call **Margaret McPhee** at the Elders' Network: 733-4169.

The Prince and his storybook Princess have long since gone but several Creek people have memories they'll treasure a long time.

They are some of the lucky front row people on Granville Island on May 1st when the Royal Pair paid their brief visit.

And the credit for them being there goes to perky **Peggy Gordon** of Alder Bay Co-op and the Seniors' Group who persuaded the Granville Island Office to rope off a special section for Seniors and wheelchair people.

Mary White's 4 yr. old grandson **Jonathan** got a pat on the head from the Princess when he handed her the last dilapidated tulip from his grandma's garden.

Vi Harris shook hands with both Royals and **Mary Boyd** talked to both of them. Enterprising **Betty Jennings** caught the Prince of Wales' eye by wearing a double-brimmed Welsh hat and he stopped to chat to her about it.

Audrey Inglis was another lucky lady who shook hands with the Princess and **Joan Abbott** was still bubbling with excitement two days afterwards at the happy turn of events that placed her next to the stage where the Arts Umbrella youngsters performed. The burly, view-blocking Mountie, positioned to ensure Joan and those around him didn't misbehave, obligingly leaned out of the way for Joan to hand a bouquet to Princess Diane, and accept the handshake Her Royal Highness proffered.

Best of all was seeing an excited **Bill Millerd** run around clutching a stool to stand on, which he graciously shared with this reporter dockside.

MEMOS: FROM YOUR SITE NEIGHBOURS

TO: EXPO CORPORATION

The person who presses the "Wakey Wakey" button to start O Canada and the Jolly Song has the shakes occasionally. It has been known to go off VERY EARLY. The geese and seagulls don't go back to sleep—so neither can your site neighbours.

Please promote the shaky person to a later shift.

TO: GENERAL MOTORS

A reliable person said he met an Important Person from G.M. and criticized the pulsating light show across from his window. Replied the I.P.: "Beryl Wilson from The Creek newspaper told us they are bothering you people, so we are not doing that any more." Thank you, G.M. Good to know you listen.

(If this story is true is there any other simple magic Creek readers would like the Editor to perform?)

The Best of EXPO

for The Creek newspaper is that several of its staff are Officially Accredited Members of the Media Corps. Be impressed: we are. And what fun! That dog tag around the neck is a magic wand that opens doors, has you ushered to the best viewing areas when the Royals are around and into a dress rehearsal of the KIROV Ballet. (Dress rehearsals are for dancers to find out how securely to stick hairpins in because in performance you can't lean down in mid-fling to scoop them up.)

And as Bob Kohn lined up with all the media photographers to get action shots we learned from wife Frances ("Window on the Square") that his cousin **Fred Fehl** was, in 1938, the first professional photographer to take the live action shots of theatre and ballet performances that are standard today.

Bob has undertaken the gruelling task of attending the daily 9 a.m. Media Briefings and religiously, ever day, rain or shine, walks along the seawall to deposit the day's package on the Editor's doorstep, and alerts her to special events of note.

We three have developed considerable admiration for the staff of major TV, radio and print outlets who face the daily deadline of producing something new and different.

The Best of Opening Day was the **Tugboat Ballet**, part of the Harbour Symphony off Canada Place. Seeing an aerial picture on TV of the wake caused by the fast circling tugs might have prompted a 4 yr. old to shriek "Look Mum, tugs wearing tu-tu's."

Ann Merchant was aboard Stanley & Daphne Burke's sailboat **QUE JOYA**, participating in the Harbour Symphony, and reported it was a great feeling to be out there with the scores of spiffied up working boats of all shapes, sizes and vintages.

Their radio conked out just as boats were being ordered into position and as QUE JOYA didn't move fast enough they were nearly swept along into the Tugboat Ballet as Big Momma Tug and five sturdy littler ones saucily chugged by.

Ann assured us they **did** all have a "score" but explained the ragged beginning to the "symphony" was due to many skippers not hearing the opening radio cue. Thus their counting was out of kilter, and so were the toots and whistles. Those there for the whole performances will remember it did, in fact, eventually sound quite melodious—when they all caught up.

Perhaps many of you were invited on the EXPO site for the test run on Family Days. Didn't you think it was a nice gesture to let us ordinary folk sit around in the Canadian Club (the place you have to pay $10,000 to join). I hope we all behaved well enough those posh quarters didn't need renovating for the rich.

Drank tea with **Bernard Joanette** who surveyed the place with pride. He hosted in the Canadian Pavilion at EXPO 67 and is cleaning in the Canadian Club at EXPO 86. He plans, somehow, to work at EXPO 88 in Brisbane. He's a fellow with ability and much goodness who, when times are better, is employed teaching French and counselling. But private French students are scarce in Vancouver and his kind of inner peace allows him to be proud to keep the plush place looking good. He warmed a wet and windy day.

Haven't seen nearly enough on site, or been back since Opening Day, but add to the DO NOT MISS list:

ALBERTA: Their version of the "Nutcracker"-tu-tu-ed tar sands truck drivers and oil riggers in a mini chorus line with an 8 yr. old ballerina. And in their minute TV screens be sure to find the one where people point and wave at you.

SASKATCHEWAN: Because it's warm and human and a blessed rest from all that technology. You'll cry in the film and if you're from Saskatchewan you'll be homesick.

NORTH WEST TERRITORIES:
It was a privilege to be part of the opening ceremony. It seemed like a family affair. They are proud to be here, at EXPO, and you can feel it. Try to see the mural with no-one around; it's breathtaking.

SAUDI ARABIA: No technology. Pictures and words to absorb quietly: small films on small TV screens, and a Bedouin tent. (And they don't want tourists.)

KOREA: Eva Johnson says wait long enough to see the dancers; they are beautiful.

VOLUNTEERS

It seems half the people we know are volunteering on the EXPO site this summer. We'd love to hear your experiences. Our summer version of a VOLUNTEER CALLBOARD could be the tales you tell when you call into The Creek office (734-3369). Do it.

DON'T FORGET

THE ARTS CLUB THEATER even though you've saved your dimes for EXPO entertainment.

Opening WED. MAY 21: **SEX TIPS FOR MODERN GIRLS**. A great success when Touchstone Theatre produced it last season; it's running at Seymour Street. (Warning: Subject matter is sex and the language is explicit.) Opening SAT. MAY 24 (on the Island) Tom Stoppard's **THE REAL THING**—witty, urbane and polished to a high gloss.

Exposure

YOUR HANDBOOK TO THE BEST OF EXPO, a pocket-sized book with a jaunty yellow/magenta/turquoise cover, is reputed to be the best of the many guidebooks. (It's the one a writer-guest took away to recommend to Americans in her articles.) Especially good for visitors here for only a short visit, it's available at The Bay, Duthie's, Smith, Coles and Classic book stores, some 7-11 and Mac's Mills stores and the Welcome Centres near the site ($2.95).

But the best of it is we discovered it's the project of a Creeker, **Bob Mackay**, who used to be a live-a-board at Heather Marina (and still moors there). Bob gave up lawyering to become a writer and we hope this dandy little book will be the winner he deserves

EXPO-POURRI

columnist **Bobby Mackin** and the Editor would be glad to have feedback on his columns.

Most readers will have forgotten that Bobby is a Grade 10 student who intends to be a journalist.

No-one writes for The Creek for profit (you don't even get paid for your paper and typewriter ribbons) but we're proud to have set Bobby on his way. He's also an EXPO accredited staff member and who knows, it may get him accredited to the Brisbane Fair in 1988.

More about columnists: we say goodbye to one and welcome a newcomer. We hope Cyril Belshaw's restaurant column **THE FAST FORK** has been interesting and useful. The time has come for other things. The Editor thanks him for being **the promptest** contributor ever. **Bettina Purvis**, who debuted last month with her "NATIVE RESIDENTS EVICTED FOR EXPO" is a delightful new find, even if several people feared she was serious about reducing the goose population (one even phoned!). We hope she'll be a regular contributor.

The Best of Bed & Breakfast

from Beryl's Brood

There were 14 of us at the pre-EXPO B & B Landladies' night out at Snappers last month.

"You mean all but three of us are virgins at this?" laughed one of the newcomers to this most wonderful of occupations.

It's only mid-May and the tales are going the circuit already. We decided to make this one of our EXPO columns.

An 11 p.m. call: "My first guests still haven't shown up. They're the fishermen coming to be in the Opening Day Harbour Symphony. What should I do?" "Go to bed," replied this Brood Coordinator, "and keep me posted." Further report three days later: "The tally to date is two showers and coffee for three—not one of the beds has been slept in; it's the easiest money I've ever earned."

Another called: "If the rest of my guests are only half as nice as the first, I'm in for a great summer; they brought me a huge plant from the market to thank me for taking strangers into my home."

There was the hard-drinking Irish Episcopalean priest who arrived without warning, landing up at the right house with the luck reserved for the Irish. After three days of being wakened at 5:30 a.m. by his clumping around, his hostess reported: "Now I know how they last from 5:30 a.m. until 2 a.m.—they sleep all afternoon while I'm at work." But to offset all his misdemeanors he bought boxes of annuals at the market and planted all her patio tubs.

"I wouldn't call him weird, but he's different," said Mrs. M. "He sleeps with seven blankets and an afghan on top of him. He's got **five** pairs of sneakers—one for each kind of terrain he says. The only liquid he drinks is one glass of water each night to wash down a huge pile of vitamins, which he chews one-at-a-time; it takes him half-an-hour. And the strange smell coming from the bedroom was from two dozen bananas so over-ripe they were black. His wife says he eats three in bed every night after the vitamin routine."

As for my own guests: "We had the wine for you right by the back door, and left it there," apologized the Schofields (favourites from 1984, returning like old friends. "We picked up a bottle at the Granville Island Brewery so we wouldn't arrive empty-handed."

And the free-lance writer on assignment for an article on the Washington and Oregon Pavilions finally got the interview with Washington's Deputy Commissioner, **Evelyn Sun**, (my next-door-neighbour-but-two) late one night in my EXPO-paper-cluttered living room. "Nicest interview I've had yet," smiled good-natured Evelyn as she tottered wearily home to bed at 1:00 a.m.

EXPO-POURRI

by Bobby Mackin

Just two weeks ago, EXPO 86 finally opened to the public with a bang. Last month I compiled a variety of facts in the EXPO-POURRI Guide to EXPO 86 so I am pleased to present Volume II which features EXPO fairgoers' tips, and a special editorial comment that I hope will make your visit(s) that much more enjoyable.

First of all, if you live in the Vancouver area, a season pass (which now sells for $160 and half-price for seniors and children) is the only way to go. There are over 100 exhibits which contain several restaurants and films for you to experience.

An in-depth tour of the B.C. Pavilion and the Canada Pavilion across town alone can consume one whole day! (and that isn't even one-quarter of the fair). If you do own a season pass it is a good idea to see everything, but not in one day. Maybe tour the Canadian provincial and territorial pavilions one day, while possibly the European exhibits the next. But if you are on a limited budget and can only afford one to three days at the fair or have out-of-town guests, go to the fair and spend as much time as possible; however, you must see the "Big 5" pavilions (Canada, B.C., U.S.A., U.S.S.R., and China) plus the Ramses II exhibit and the Expo Centre. Make sure you take full advantage of the many transport systems that are free with admission. The message is PLAN AHEAD.

A brown bagged lunch is not a bad idea either; the food prices are high but not unreasonable. Same goes for souvenirs which are for the most part tacky and overpriced. But if you want a keepsake of your visit(s) to the 1986 World Exposition, the $3.50 passport book is the ticket. The $5 souvenir program and the $2.50 site map are also quite popular items.

And last but not least, dress for the occasion. Dress accordingly for the weather, but a light pair of pants, a t-shirt and a light rain jacket are O.K. A pair of running shoes are essential as the whole site is flat and is the equivalent of walking from Main & Terminal to Broadway & Granville. It would be a wise idea to bring along a sweater and an umbrella as the weather is even more unpredictable in this corner of the country during summer.

Now from fairgoing tips we turn to a rather uncanny collection of excerpts from the May 2 edition of the Vancouver Sun horoscope: Wise money management is the key to lasting financial security—Build for the future—Relax and take things one day at a time—Be prepared to go on with a work project even while others drop out. A new partnership should prove successful. Going "first class" could be good for business.

This astrological analysis reads like an episode out of "The Twilight Zone" considering the date published and what I interpreted as coincidental comparisons to EXPO.

$1.6 billion of our money has been pumped into the fair, with a projected deficit (or "shortfall" as Jimmy Pattison puts it) of $300 million which could be halved with a little help from Lot 6/49. By opening day, 15 million visits had been sold, 20 million are expected while up to 30 million is not out of the question.

SkyTrain, Canada Harbour Place, and B.C. Place Stadium were all built with the future in mind and are being used to augment EXPO. As soon as EXPO closes in October, the False Creek site will be cleared for the B.C. Place development. The Roundhouse, B.C. Pavilion Complex, and the Expo Centre will remain while a city within our city rises.

Over the more than 2400 days of planning that finally culminated in opening day, many problems arose. Remember the Michael Bartlett affair last summer, and the union/non-union construction battles of 1983 that almost closed EXPO three years before opening day? Intricate day-by-day planning and perseverance is what will make EXPO 86 a success. It may not be a success of the financial kind, but neither was Montreal's EXPO 67. Like the aforementioned, Vancouver's EXPO will not only spark a sense of national pride, but will also warm the hearts of British Columbians like never before. It will illustrate what can be done when we work as a team.

This will truly be a summer to remember, as we are finally able to shed that image of "parka-clad igloo-dwellers" that so much of the world perceives Canadians to be. So clip and save this second volume of the EXPO-POURRI Guide to EXPO 86, and ENJOY!

* * * * * * * *

Make Your Mid Life Crisis Work For You

by Bettina Purvis

"Could I ever write a book if only I had the time," we sigh. But the writing of a book is a prodigious affair. To conjure people, places and events, relationships and emotions, and a story line to capture the attention of readers requires time and concentration, not to mention perseverance. How, then, did Dr. Paul Kent, with a wife, Lynne, son Cory, and daughter Summer, as well as a busy family medicine practice in Leg-in-Boot Square find the necessary hours to write a book?

"The Crib", a first novel by Dr. Kent, will be released by Seal Books on their April 1987 book list. A novel of suspense, it is guaranteed to rivet the imagination of readers. The protagonist is an epidemiologist in California who is involved in investigating a crib death. There are other such deaths which occur in the same crib as it changes owners.

Dr. Kent submitted "The Crib" to the Seal Books Novel Contest last November after considerable rewriting and the collection of a number of rejection slips. This is an annual competition for an unpublished author. Dr. Kent was not the winner of the contest which had 485 submissions, but Seal was highly impressed and decided to publish "The Crib", the first time they had ever published manuscripts other than the contest winner.

How did this all happen? After graduation from Toronto University in 1970, Paul spent three years in emergency medicine at the Royal Columbia in New Westminster, then several years practicing family medicine in northern B.C. The family moved back to Vancouver in 1981 and Paul considered a residency in orthopaedic surgery at McGill.

One week in July 1982 was the turning point. He travelled to Montreal, spent that week investigating the specialization, and made the decision to abandon the idea.

Paul set off to drive home to Vancouver feeling as if he'd shed a great burden. There was time . . . and space, and in a burst of creative energy, Paul started to write, an outpouring that sometimes stopped his journey for hours. Every one hundred or so miles, he would stop at a gas station to jot down new ideas. In Vancouver, he continued to write. It was a busy period in his life. He set up practice in the Square in False Creek, the family settled, found friends, schools, and Paul wrote when he could. In longhand. Sometimes, there would be a hiatus of months until the year 1985, when he would put in whole weekends, working ten to twelve hours at a stretch.

During the creative process, he bought a word processor in 1983 and learned to type. Family and shared activities didn't suffer. The time spent writing was fine as far as Lynne and the kids were concerned. After the book was completed in the fall of 1985, Paul Kent did 26 episodes of CBC's top rated show, "Doctor, Doctor", and wrote a few articles for the Westender and Sportif Magazine on exercise. One interesting fact: Paul had done no creative writing since high school. He is now forty. And yes, he's working on another book.

So there you are. It's easy. Just sit down and write. Anyone can do it, right?

Had you noticed it's not ANGELA'S DELI any more in the Square? Angela left us in April and it's now **Julie Juhan's** Deli.

The fare is changing a bit. Julie makes a soup and hot special at lunch time, but she likes to make salads and appealing open face sandwiches. There will be more meats, pates, cheeses, and trimmings for your lunch-on-the-seawall.

And if you're invited to a goulash or roast pork dinner and then don't feel like cooking, Julie will, with two days' notice. She's already catered a 200 stuffed croissant office lunch since she arrived and plans to do more home and office catering.

PENDELAKON 3

photos by Mark Tinel

by Toby

Well, the gentlemen of the Pendelakon finally bowed to the inevitable on Saturday, May 3rd.

After a strong turnout of women runners, and a rambunctious feminist dumped the contents of the Pendelakon cup over the hapless Chairman, and his own sweet wife called him a chauvinist pig, it was decided to list the women winners one-two-three on the cup, same as the guys.

Along with these high jinx, a perfectly splendid race was run. In brilliant (as always) sunshine, the Pendelakoners boogied through aerobic exercises in Leg-in-Boot Sq. prior to the race, an innovation this year by courtesy of **GOLD'S GYM**, on 6th Avenue.

At 2:00pm, after a blast from the **GREAT WEST CANNON COMPANY'S** magnificent firepiece (sorry about that, EXPO!) the runners were away down the sea wall for the punishing 10 kilometers round Kits Point and the beach.

There was some sort of innocent mix-up around Penny-farthing, due to a misplaced (?) route marker, and a number of runners went a bit off-course. Since there were too many to disqualify and since, after scrambling over fences and through hedges, it was doubtful they saved any time, it was decided to ignore this frippery and Route Marshall **JANET LUDLUM** (who otherwise did a magnificent job that day) has promised to keep all her route markers completely sober next year.

In an extremely fierce field this year, Vancouver's finest **BRIAN GREEN** did it for the men (after setting off like a "marathon rabbit" he just kept on going) and **LIDA VACEK** kept that noble Czech name on the cup for the third year in a row.

By popular demand, herewith the complete race list: 1. Brian Green 2. Jim Colbert 3. Terry Trigg 4. Ron Webb 5. Specs McClaughlin 6. Pavel Vacek 7. David Verran 8. Kevin Last 9. Mark Goodall 10. Peter Couper 11. Art Kendall 12. Craig Strand 13. Tom Barnes 14. Peter Cardew 15. Keith McCulloch 16. Lida Vacek* 17. Brian Stablyk 18. Ed Brown 19. Janet Anderson* 20. Pat Sanderson* 21. Jana Skala 22. Bullus Hutton 23. Wayne Lacarte 24. Carol Kirkwood 25. Rowena Tate 26. Monty Wood 27. Carol Hamilton 28. Gord Romanchuk 29. Jason Morris

Tied:

30. Mardi Zipursky
31. Joy Franklin

Part-way:

32. Frocia Pyper 33. Paul Kent

*First, second and third winning women.

Thanks to timekeepers **JOHN ROUSE** and **MARTA HUTTON**; to **SNAPPERS** for the water station and **STAMP'S** Landlord **JOHN PHILIPPSON** for the apres-race celebrations.

CREEK DOCS

by Zig Strauts

Dear Smoker:

I KNOW YOU ARE OUT THERE—SOMEWHERE

A recent survey reported that given a clear reinforced message by their doctor, 69% of smokers make an effort to stop smoking and 30% stop for at least a year. Of the ones who stop completely, most will relapse four to six times. In one study group which was reminded to stop smoking four times per year, 75% had stopped at the end of 10 years. If that sounds discouraging, it isn't. Chances are that those who persist will eventually quit, but it won't be easy. So here is the first step, a "clear" message.

Smoking is a very serious social malady about which a surprising number of people wish to remain misinformed or just plain silent. After all, the best way to get away with murder and suicide is to stay quiet about it.

With help from the powerful tobacco lobby, the pact of silent denial has been very effective. Over 250,000 annual deaths in North America can be directly attributed to smoking and we accept this morbid statistic as inherited natural history. As apple pie has been grandmothered in, smoking has been grandfathered in.

Although proof that smoking causes lung cancer has attracted considerable attention over the last decade, it has not been enough to deter the avid smoker, probably because it couldn't happen to you-know-who. However, other information has also come to light. Many still fail to realize the effect of second-hand smoke. In households where parents smoke, children and spouses are at four times the normal risk of becoming smokers and suffer more frequently from respiratory diseases. Just as significant is the realization that smoking damages the circulatory system. Arteries which supply oxygen and nutrients to all organ systems became stiff and clogged, starving organs of essential energy. We therefore broaden our awareness by including heart disease, peripheral vascular disease and circulatory diseases, not to mention emphysema and chronic bronchitis. There is a reason why the doctor wants to know if you smoke when you get chest pain, aching legs and discolored skin and when you don't respond to medical treatment for other diseases.

Over the last decade, the incidence of smoking has decreased in men and increased in women. Already, more women die of lung cancer than breast cancer and it is expected that soon they will beat men to the grave with this tragic disease.

However startling this trend may seem, there is a certain consistency throughout our female population. Of heart attack victims who could double their life expectancy by stopping smoking, 80% of men will stop, but only 30% of women will throw aside the killer weed.

The physical and psychosocial addictive power of cigarette smoking not only transcends the survival instinct but also undermines vanity itself. It is not uncommon to have someone come off a respirator and ask for a cigarette. Many smokers are affected by a cosmetically disfiguring disease whereby there is a process of accelerated aging of skin. This occurs usually in the fifth decade of life, is quite rapid and irreversible. The skin dries, thickens and becomes very heavily wrinkled, aging the unfortunate sufferer by 20 years.

To accept this degree of self-destruction some very profound psychological changes have taken place over time and tobacco companies know what they are. Smokers often feel insecure, inadequate and have low self-esteem regardless of their external appearances. The Marlboro man and the truly liberated woman are therefore sucked in. Particularly sad is the effect of this powerful propaganda on our more vulnerable youth.

If we think deeply about why, when, and how a smoker started and what factors are making him continue, we begin to appreciate how difficult it is to stop. A smoker needs to be reminded, encouraged and shown how to go about it. Primary in importance is that there must be a commitment!

Knowledge of how to quit has increased tremendously over the last decade and involves such areas as behaviour modification, biofeedback, acupuncture, environmental manipulation, psychosocial support and chemical aids. Smokers have had a lot of help getting into and need a lot of help getting out. A good place to start is with the family doctor.

July 1 Festival Underway Despite Board Rulings On Beer

by Peter Morgan, Festival Committee Chairman

The Vancouver School Board and the Vancouver Parks Board have now both decided to prevent the False Creek Community Association from holding a beer garden in conjunction with this year's July 1 Festival near the False Creek School. But they will support the Festival in other ways. The Festival will still be held, with a wide number of events, despite the decisions.

There are more than half a dozen organizations that have veto power over beer gardens, so no matter how well you run them, you just can't count on them from one year to the next. All our programmes, right from when we started the planning two months ago, were designed to run without the financing of the beer garden.

The Parks Board, under a motion by COPE director, Sue Wilson, reversed its general policy of allowing alcohol consumption outside on park property while continuing to allow it in Parks Board community centres. The School Board, without debate, ruled May 5 it would not go against the Board on the matter even though the Festival last year donated nearly $1,000 to the False Creek school. False Creek's representative on the School Board, Charles Ungerleider, voted with other Board trustees.

The idea of holding a beer garden isn't dead—there are still two avenues left to explore, but both involve the same political party that prompted the Parks Board and School Board decisions. And even if one of them pans out, it will mean we'll be forced to tell people they can't drink on park property as they've been able to do in the past. The School and Parks Boards are still helping out in a number of ways, and we're very appreciative of that. Only the beer garden went against the grain.

The Committee—made up of False Creek Community Association Netherlands director Oksana Mazur, False Creek Community Centre's programmer Nancy Reynolds and Rick Thaddeus, also of the Netherlands—has blocked out a number of events already and will be confirming more during May. Events will start with the traditional pancake breakfast at 8 a.m. on the Alder Bay Pier and conclude with the annual dance at Leg-in-Boot Square in the evening.

We've signed on the Park Party Tour, a group of about a dozen performers supported by the Vancouver Centennial Commission and Chevron Canada. They'll be doing a number of intriguing performances and participatory events on the stage and among the crowd throughout the day. We've set up dozens of races, tournaments for volleyball and baseball, bike races, the Great Annual Bike Parade along the seawall—and two very successful events that began last year: The Scavenger Hunt and the Teddy Bears' Picnic. The Committee is still working on setting up bingo, additional live music

cont'd. p. 8

Cartwright Gallery (Granville Island)

by Barbara Drew

May is for the birds! Everyone is praising the birds of spring and the Gallery is offering the Birds of Praise.

In this exhibition of the work of 13 artists and craftsmen from Ontario and British Columbia the emphasis is on carved wood. Interest and contrast are provided in pieces constructed of fibre, plastic, metal and fabric and variety added in the interpretation by the artists; birds crafted in a stylized simplicity mingle with the realism of fine carving and intricate brushwork.

Some of the pieces are purely decorative, attractive indoors, or, in the case of the Great Blue Herons, the Snowy Egrets and the Brown Pelican, wonderful conversation pieces for a covered deck or patio. Other pieces are also functional, such as the fireplace bellows in the form of a loon, a penguin and a green heron, and still others can be construed as useful, for example, the fierce metal sculptured owl who would certainly destroy all pesky mice and the osprey with a freshly-caught fish in his claw.

There are also the "fun" birds: illuminated pink flamingos are causing quite a stir and "Frou-Frou Regalis" is a delightful piece of whimsy that must be viewed from the perspective of the Royal Visit.

Birds of Praise will continue until June 1.

See you at the Gallery.

A Gift to Ourselves

May 15th has passed with not one call to the Creek Office with a suggestion.

John McBride (of Isadora's and False Creek Co-op) would like the Community Association's centennial gift to the community to be **picnic tables for Building 91** (next to the Community Centre). Who knows, the Granville Island Office might add some too.

True to form, **Frances & Bob Kohn** have been thoughtful and sent the following letter.

1. Invite contributions from the community at large, both residents and commercial enterprises. The FCCA gift is important but, in a way, anonymous. Many people probably never realize that they are contributing to the FCCA, nor may they ever read or hear about the FCCA's contribution, until a plaque to that effect appears. In any case, they won't feel that it is theirs. We have no doubt that many would welcome a chance to contribute personally; the Sun paper has been doing it for its centennial gift. The names of the contributors could be published in the Creek.

Besides giving people that sense of participation, such contributions would add to the available funds.

2. Regarding the nature of the gift, it should preferably be something that most people would like to see but in the pressure of providing for the daily needs for utilitarian things, would not think of buying. It should be something that relates to the neighbourhood(s) and the history of False Creek and the City. One criterion might be that the object chosen be something the many photographers would like to have in their pictures either by itself or as foreground for the many vistas of the Creek, City, and mountains.

The Centennial Museum has, or had, a man-sized totem pole for sale at $6,000. With additional contributions an amount of that order would not be out of question. On a pedestal, something like that would be very effective. But totem poles may have become too commonplace. The inquiries regarding some other objet d'art may suggest some other form. A memorial to Captain Richards, the man who named our Creek, would seem appropriately located in South False Creek. It could be a bust, relief, or a stone with an appropriate inscription.

3. If, however, something more mundane and "utilitarian" were to be chosen, we'd suggest something many of our fitness conscious neighbours—and those who could benefit from becoming more fitness conscious—would probably welcome, the kind of fairly simple exercise apparatus the City installed in some parks and which are obviously expertly chosen and designed. The simplest and cheapest version of that could be distance markers along the seawall.

Frances & Bob Kohn
658 Leg-in-Boot Square

We extend the phone-in period to **May 31** (734-3369) so that the Community Association will have more of your suggestions to consider at its June 4th meeting.

Dear Editor:

We, the staff of False Creek School, would like to clear up a few misconceptions left by the article, "Sex Tips for Modern Kids", in the last issue.

Factually the article was incorrect in several places. Meg Hickling, a Planned Parenthood Association spokesperson, has not been invited to speak to the students every year, but every two years. Meg is a widely recognized speaker on this topic and is in demand at many schools. Also, Grades 3-7 participated last time, not just Grades 6-7. The reference to condoms was in reply to a student question and was intended to prevent children from touching them when found outside.

Notices were sent home twice to inform parents that there would be an opportunity for them to hear Meg Hickling and to ask about the program prior to Meg speaking to the children.

Ten parents and three staff members attended; none of them had any serious concerns. One of the letters home stated that unless parents notified the school otherwise, children would participate in the program.

In conclusion, we feel that most parents are appreciative of the opportunity for their children to be addressed by a person as knowledgeable as Meg on such a topic. It is our expectation that such a presentation will enhance the dialogue between parent and child, not prevent it. We feel that the remark about Love Shop tours, although uncalled for, will not be treated seriously by those who are familiar with our concern for students.

Yours truly,
D. Deane
for the Staff of False Creek School

SCHOOL NOTES

by Richard Thaddeus

The School Centennial **Pioneer Days** Open House was well attended by parents and public.

Home-made root beer was served in the gym where the square-dancing and Virginia reels took place. The girls were in traditional costumes—dresses.

Every class had its special projects. The Grade Fours churned butter, ground peanut butter, made applesauce and marmalade which we sampled on home-made breads and crackers.

The Grade Ones demonstrated the Charleston and a rhythm band (conductor: Judd Medic). I felt like a pioneer myself when Mrs. Heselton explained the intricacies of nibs and desk inkwells to the children.

I had fun and it was pleasant to see so many faces that have become familiar as our children pass through the school. Glad you could all attend.

The School Sports Day will be over when you read this because Queen Victoria' Birthday is earlier this year. Only in Canada you say!

The Senior Girls' floor hockey team made it to the City Finals and lost by one point. The Junior Boys are a good bet to win their final.

Some Grade Fours have to choose between representing the school at the Swanguard Stadium Track Meet or going to Victoria for a tour of the Legislature.

TALENT SHOW–

THURSDAY MAY 22,

2-3 p.m.

Air Bands, skits, dancing

IMPORTANT

Register your child for Kindergarten A.S.A.P.

WANTED: One or two school children to contribute to this column. Phone: 738-6637

JUICE CANS WANTED (48 oz.) so that Grade Fives can make buglamps to take to Camp Capilano on May 26th. People living nearby could easily drop them off at the school.

SMALL SPACE LIVING C.R.E.E.K.S.T.Y.L.E.

by Maureen Savereux

All of us in False Creek have sacrificed space to enjoy a lifestyle that is probably unique in North America.

Creating a living space requires more than deciding on a colour scheme or selecting and arranging furniture. The roots of a good home lie in personalizing each occupant's space so that everyone can achieve their highest emotional and functional level—a challenge for a family of four living in about 1200 sq. ft.

The first step is a checklist:

• Your Lifestyle

Age, single, couple, number of children (ages), hobbies and interests of all occupants, entertainment habits, work at home, budget, move a lot, sick person, animals, house guests, etc.

• Your Colours

Check out your wardrobe. Colours you look and feel best in are probably the colours you would be most happy living in. Do the latest craze; have your colours read.

- ☐ Pastels
- ☐ Bright pinks, blues, yellows
- ☐ Beiges, neutrals
- ☐ Contrasting, blue/white, black/white
- ☐ Dark colours

• Your Mood

Check out the emotions colours evoke in you, e.g.

Red—excitement
Yellow—cheerfulness

For further study, do the **Luscher Colour Test**, a personality analysis through colour.

- ☐ Red _____
- ☐ Blue _____
- ☐ Green _____
- ☐ Black _____
- ☐ Yellow _____
- ☐ Orange _____
- ☐ White _____
- ☐ Beiges _____

• Your Tastes

Check out magazines and make a scrap book of rooms that appeal to you so that you can decide whether you prefer formal or informal settings, or a combination.

Country Romantic—pastel colours, over-stuffed chairs, floral chintz, striped cotton, ruffled curtains, lots of ornaments and clutter.

Dramatic—cool urban look of dark colours (chocolate brown, burgundy, hunter green) with light contrasts; simple furniture.

Traditional—period furniture, soft colours or dramatic, antiques covered in brocades, velvets, jacquards.

Eclectic—a combination of furniture from traditional and modern, e.g. Queen Anne chairs around glass table.

Modern—pure white walls, chrome, mirror, leather furniture, glass, marble.

In future columns I will concentrate on the specifics of colour, furniture size and choice, storage, materials, lighting, etc., and their effects on your space.

TIP OF THE MONTH:

A **hot melt glue gun**, priced at $16.97, is a valuable tool for any home repairs and builds in one minute.

A NEW APPROACH TO TRAVEL

False Creek is now old enough (10 years) that young women like **Delna Bhesania** can say, "I grew up here." She left home when she decided she was really grown up but adds, "I'm back here all the time visiting my Mum for a free meal."

So to people in her "local area", False Creek/Fairview Slopes, Delna is encouraging a new approach to travel planning—**IN HOME TRAVEL COUNSELLING**.

She invites you to relax in the comfort of your own home while she helps you with travel arrangements, whether you have a specific interest in mind or are looking to try something new and adventurous.

Do you want to keep in shape at a spa retreat, cycle in France, hike in Nepal, scuba dive in warm waters, relax on a sandy beach, or solve a murder on a cruise ship?

For a free, personal consultation, call **Delna** or **Janice** at **Future World Travel**.

736-4338

The Creek

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FOR ADVERTISING RATES AND INFORMATION ON FLIER DELIVERY CALL 734-3369

CLIP THIS COUPON

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WANT TO BUY _____

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ADDRESS _____

_____

Deliver to the Community Centre or 1124 Ironwork Passage, BY 8th OF MONTH, Include cash or cheque payable to: **The Creek** 20 words $4.00 (min.) 30 words $6.00

July 1 Festival cont'd. from p. 6

events plus canoe and rail-oriented races.

All the events will be set up so that any teams necessary can be formed on the spot or in advance. For the first time, this year, there will be contests for the best bike and the best skateboard acrobatics. For the second year in a row, housing groups will compete for the False Creek Challenge Award, while individuals will compete for the Canada Day Achievement Award.

We are also arranging with a number of corporate sponsors, such as Kids World on Granville Island and VanCity, to provide prizes. Isadora's Restaurant and the Boy Scouts will be providing food during the day, just as they did last year.

Creekers who want to help with the organization during the day should contact any of the Committee members, or call Joanne Verret at the Community Centre at 688-9478.

CLASSIFIED

HELP WANTED

Experienced paste-up person needed to assist on paste-up and design of The Creek. Modest pay.

* * * * * * * *

A person who "fiddles with TVs" as Liz Caird put it. Hers was on the blink and she looked to see who advertised such a service in The Creek. No-one does. If there's a TV service man out there maybe he **should** advertise.

Cars by Hank

Are you considering buying a Used Car? But you don't know who to trust? Is the thought of buying a used car so scary you are thinking of buying a new car instead?

Then its time to talk to me. I sell used cars in the $1800 to $5000 range. I have 22 years experience in the automotive industry and my reputation is impeccable.

I only sell the makes of cars my experience has taught me are dependable used cars. As well, they each must pass my personal inspection. All existing problems are repaired so you aren't buying someone else's problems.

I am also a resource for my customers when they are in need of advice regarding automotive repairs. I have an exceptional ability to keep repair costs down as well as knowing many repair shops personally who treat their customers honestly and fairly.

Hank's Auto Sales (D7803). Phone **736-0855** or **877-1401. VANCOUVER**