

The Creek

Vol. 4 No. 7

JULY, 1985

IT'S OUR BIRTHDAY

Granville Island Public Market

IS HAVING A BIRTHDAY PARTY
July 11, 12, 13 & 14th

and we thought Creek readers should be the first to know. The merchants are gussying up their stalls and treating us.

Rides on the little **ISLAND HOPPER** ferry, from the Community Centre dock, will be free for the four days and those coming from the West End side can ride for half-price, 50¢ on **AQUABUS** for the four days too.

Every day at 2 o'clock they'll serve a big **BIRTHDAY CAKE** at the main entrance (donated by **LA BAGUETTE**, Thurs., **ROBIN HOOD**, Fri., **STEWART'S**, Sat., **LEE'S DONUTS**, Sun.)

A **HUGE WHITE WICKER FOOD BASKET** will be on display and at 5 o'clock every day a winning ticket will be drawn for the contents.

Every stall in the market will have entry slips for you to fill in (be fair, only enter one a day).

There'll be **ENTERTAINMENT**, apart from the great motley of free-lancing entertainments always around on the weekend.

THURSDAY & SUNDAY Caroussel Theatre perform outdoors, 1:00 to 2:00 p.m.

FRIDAY — 42 piece **SUMMER ARTS POP BAND**.

SATURDAY — **THUNDER CREEK BLUE GRASS & COUNTRY BAND** 11 a.m. to 3 p.m.

SUNDAY — **BRITANIA HIGH SCHOOL BAND**.

Every merchant will have **LOTS OF SPECIALS**. We couldn't possibly list them all. Here are just a few:

From **TURKEY SPECIALTIES**: Turkey Drums, Reg. \$1.19 — Spec. 59¢/lb.

100% Turkey Ham, Reg. \$1.49/100 gram — Spec. 99¢.

Dinner Sausage, Reg. \$2.79/lb., Spec. \$2.29/lb.

Head Cheese, Reg. \$1.19/100gr Spec. 50¢/100 gr.

From **STUART'S BAKERY**: Stuart's Famous Cookies, Reg. 40¢ ea/\$4.20 doz. — Spec. 30¢ ea/\$3.50 doz. From **GRANVILLE ISLAND MEATS**: Danish Back Ribs, Reg. 4.99 Spec. \$2.99.

From **ATTILIO'S PASTA NEST**: Fettucini, Linguini, Spaghetti, Reg. \$1.99 - 3.99/kg Spec. \$1.49 - \$3.29 kg.

From **DUSO'S**: Parmigiano/Padano, Reg. \$18.99/kg., Spec. \$13.99/kg.

Ham will be 98¢/100 gr.

From **LE KIU POULTRYLAND**: Chicken Drumsticks, Spec. \$1.09/lb.

From **TENDERLAND MEATS**: Pork Back Ribs (prev. frozen), Reg. \$4.49/lb Spec. \$2.99/lb.

Fresh Homemade Bratwurst, Italian/Mexican Sausage, Reg. \$2.49/lb. — Spec. \$1.99/lb.

At the **BLUE PARROT**: Cafe au lait, Reg. \$1.45 — Spec. 99¢.

From **NELI'S DELI**: Chili con Carne, Reg. \$2.45 — Spec. \$2.10.

From **TINOS BAKERY**: Dinner Rolls, Spec. \$1.15/doz.

From **DAILY GRIND COFFEE COMPANY**: Columbia Supreme, Reg. \$5.82/lb. - Spec. \$4.99/lb.

From **UMBERTO'S PLANTASIA**: Long stemmed Roses, Spec. \$8.88/doz. From **OLD WORLD FUDGE FACTORY**: Maple Fudge, Spec. \$4.69.

At the **SMOKE SHOP**: 3 packages cigs. \$6.19.

The **NUT FACTORY'S** cashews will be \$7.80.

MARIO'S GELATI will have 2 litres of **ICECREAM** for \$1.50.

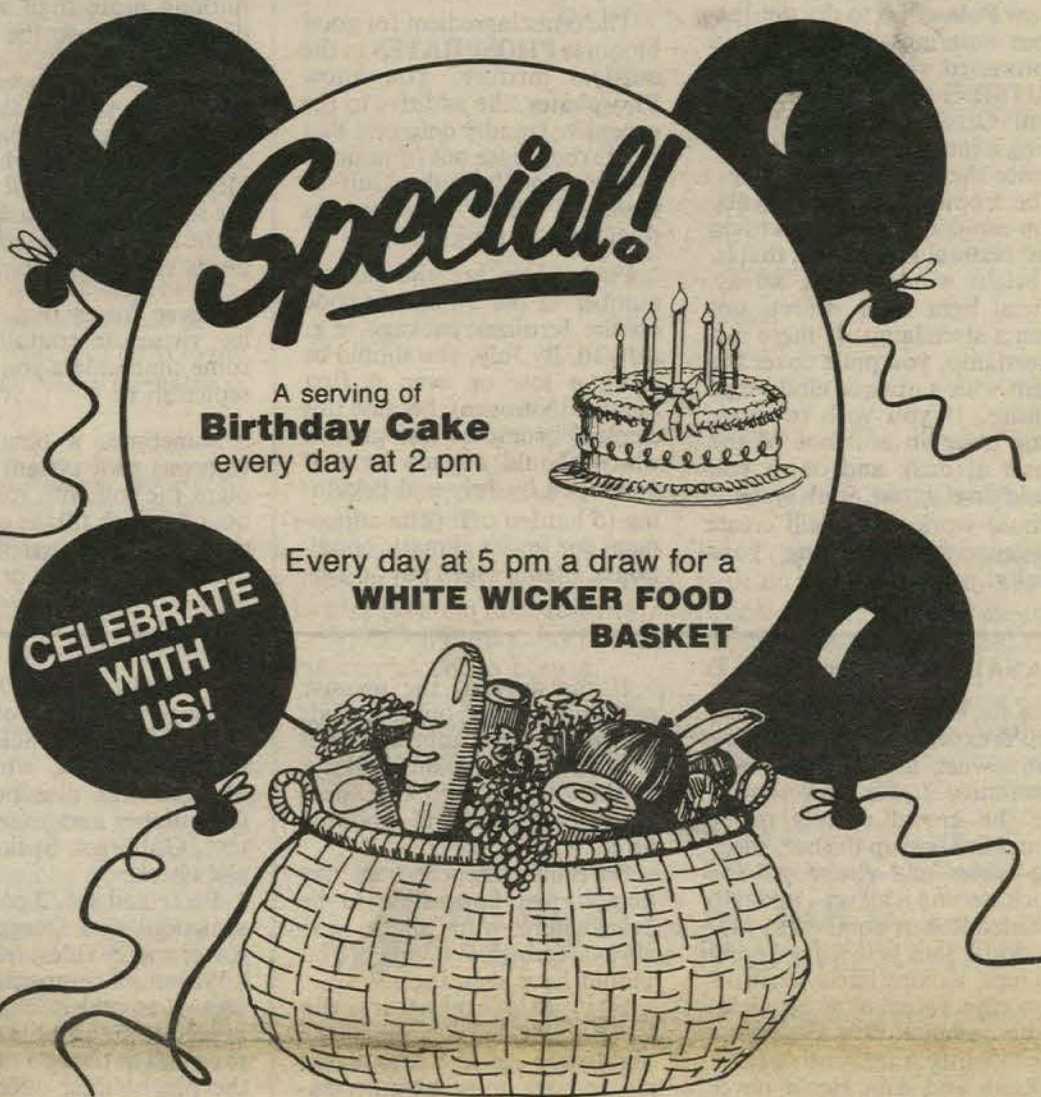
MacDONALD FARMS' All fancy lettuce will be 3 for 99¢.

From **LONGLINER SEAFOODS**: Fresh Shrimp, Spec. \$4.95/lb.

From **THE GRAINRY**: Pistachio Nuts for \$3.99/lb.

There'll be: Souvlaki Combo for \$2.49 Seafood bargains - Crab \$2.49 Devon Cream - \$2.09 Country Pate - \$1.39/100 gr. Baguettes - \$1.00 Home cut Donuts - 4 for 99¢

and **MORE, MORE, MORE, EVERYWHERE!**



CANADA DAY A WINNER!

"It's a wonderful day" smiling people kept saying all day. And they've been re-living at all week as they met on the seawall.

Was it the best July 1st ever? It must have been. The sun shone (as always when **Jerry Poole** chairs the committee), the tents (rain insurance) were a colourful addition to the scene, the location by the school was ideal, the games were grand fun.

A PERFECT FALSE CREEK FAMILY DAY

It's easy to imagine the amount of work that goes into planning such an event but it's heartwarming to see scores of people working hard all day to keep it happening.

Set-up on Sunday was an all-day event in itself. Pity to have missed seeing the tow truck haul up the big striped tent. Did you hear about the Security Sleep-out? **Bullus Hutton** with **Jacob** and **Lucas**, **Pat Dornan** with

Sean and **Daniel**, **Peter Morgan** with **Joshua** and **Graham**, and young **Lee Herdin** and **Tyse Vandenberg** camped in the park to ensure vandals didn't ravage the tents. **Oksana Mazur** and **Blue Thaddeus** rounded up 10 girls to raid them and they all had a grand time with popcorn and juice, listening to ghost stories. But no peaceful night's sleep was to follow. Just as the boys were tucked into sleeping bags and dozing off the grown-ups heard an ominous tick-tick-tick and realized, with horror, the automatic sprinklers had started. The boys slept on whilst three Dads raced around the park in the dark trying to estimate whether they were within soaking distance. They were! Get **Peter Morgan** to tell you about capping sprinklers with garbage cans and bundling eight sleepy lads to a dry spot.

"It's been so well organized" many said, but at night's end **Stamps' Coups** caught the essence when he said "It takes a lot of disorganization to make an event like this a success".

Richard Thaddeus was out at 5 a.m. stringing balloons on Alder Bay Pier, the face painters were there at 8 o'clock, before the grills and batter and pancake makers arrived.



The Decorated Bike Parade, always a great way to start the day, with almost as many Mums, Grandmas and Dads pushing babes in strollers as there are kids riding bikes, this

year was lead by a girls' Pipe Band and ex-stunt motor cycle rider **Craig MacDonald** riding a 4 wheel drive all terrain vehicle loaned by **Honda Civic** at 4th & Fir.

So what if things weren't all ready when the parade wound up at the park. No-one was going anywhere. As **Ray Ormond** of False Creek Co-op said "What's wonderful about today is that when you think you've missed an event because you're

By Beryl Wilson

an hour late, it's just starting". The purpose of the timetable is not to keep to it, but just so that you can see where you're up to in the day's events.

There were the **Stamps Landing Pub** staff and all the regulars, resplendent in red T-shirts sporting a classy emblem **FALSE CREEK CANADA DAY BEER GARDEN** (courtesy landlord **John Philippon**).

The Beer Garden looked, and

Continued on Page 2



The Rooftop Gardener's Notebook

By Susan Baker

So, what is timely? Well, it's time to clobber the **Poinsettia** and begin the conditioning for the short days treatment in October which will produce the **red bracts** at Christmastime. Take the lovely green foliage and cut the stems back to 3 or 5 leaves per stem removing all weak growth and yellowing foliage. Fertilize with 20-20-20 after watering thoroughly (note: allow **Poinsettias** to dry out between waterings) and place it in a protected, semi-shady location **OUTSIDE** and let it bush out until October when you will bring it into the house and commence the ritual of short days. (The tropical light treatment). You can use two methods to do this: **Natural Light Only**, that is, a bright window with no artificial light after sunset, not even a streetlamp. If there is a streetlamp, you must cover the plant with a opaque cloth until sunrise. If you wish to move your plant in and out of the closet at dusk and dawn you could do that too. Both systems should work. Both will create controversy regarding your sanity.

July is the month that the flowering plants set their buds for the following years' bloom. This is especially true of **Rhododendrons** but all flowering plants including houseplants, require sunlight to produce flower buds. You will notice that we had a fine year for **Rhododendron** flowers this year and the reason was last year's sunny July.

The other ingredient for good bloom is **PHOSPHATES** in the nutrient mixture. You know **Phosphates**, the additive in the expensive laundry detergent that floats the grease out of junior's T-shirts and into the Gulf of Georgia where it promotes regularity in Ling Cod.

Phosphates are the middle number in the 3-number code on the fertilizer package, e.g. 6-14-10. By July, you should be using a low or even 0 first number (**Nitrogen**), because this element promotes leaf growth which should already be well developed by July and beginning to harden off. (The adjustment for severe climatic conditions). Plants which put on a se-

cond layer of leafy growth late in the summer often experience winter burn which looks like somebody took a blowtorch to the leaves.

As a general rule, one can stop feeding foundation plants after June. If you use a timed release fertilizer like **Nutricote** or **Osmacote** applied in the first warmth of spring you need nothing more than water and decent soil to do the rest.

If the leaves are **anemic** (pale or yellow), you can spray them with a diluted solution of 20-20-20 **HISOL** which gives localized feeding but will help the leaf while you ask yourself if the soil is impoverished and needs some attention.

Never forget that soil loses its virtues in containers after some time unless you annually replenish it.

Sometimes a plant with a vigorous root system will supplant the soil with roots (root-bound) which fill the entire container and begin creeping out of the drainage holes or poke up

out of the ground as in the case of Christmas Cactii.

You, the owner, must lift the plant out of the pot and either re-pot into a bigger pot after scoring the root ball on four sides with a knife or shave off an inch or so of the outer layer of root ball and re-pot with fresh soil around the perimeter, in the same old pot. Water in thoroughly to soothe the righteous indignation (shock) the plant is experiencing, and place in a sheltered location out of the direct rays of the sun for a week or two. You should always trim the canopy of foliage to reduce the surface respiration when you trim the root ball.

This action communicates the need for root strengthening to the plant. It will cause the plant to grow a more compact root ball and thus live more happily in a pot! Soon you will see new leaf growth which is evidence that the patient has recovered and has gone dancing.

Should any of you find my indulgent use of anthropomor-

phism troublesome, I should warn you that while I regard gardeners as rather elevated life forms, I regard plants as individuals of a different genus. The relationship of plant to gardener is one of nurturance and response; two life forms interacting while the intelligence of each remains a mystery to the other. Thank God.

I do not "decorate" with plants. I treat them as individuals first and accents later. I need them as much as they need me although one's needs is body while the others' is soul. The funny thing is that I have become the servant. I doubt if the plants care whether it's me or somebody else who is wielding the hose.

Many people have called me regarding container gardeners.

I know two very able and trustworthy women who do this for an hourly rate. Both have the gift of visual design and can re-order your ratty planter boxes in no time flat. Call me for their numbers, we're not advertising in the column.

CANADA DAY (from page 1)

was, the best run ever; just what you'd expect if you recruit the pub owner to the organizing committee. It was impressive to see the crowd usually to be found holding up the bar, slinging tables and chairs off the truck, setting it all up - and tall, bearded Robert Somerville, professional tool belt slung round his hips, looking like a construction crew foreman as he wielded his hammer. That Philippon is obviously a persuasive fella.

Keith and **Ann Heald** never got out of their "gourmet" hot dog stand all day so we hope you ate enough for Keith to buy uniforms for his soccer team.

If the days of the massive salmon barbeque our tastebuds remember have gone the ones who bewail its passing will not be the False Creek Co-op people who worried and laboured on it.

So much happened all day long it was impossible to be everywhere and there was always someone saying "You should have seen the..."

For this reporter the **VELOCIPEDE** was one of the highlights (and, organizers please note, must be a permanent feature). That was the funny looking 3-wheeled contraption of uncertain ancestry going up and down the railway tracks.

B.C. Hydro's Rail Division at Langley "dug it out of the back forty" and spruced it up railroad yellow when **Peter Morgan** was disappointed all the pumper cars were assigned to Golden Spike Days elsewhere.

Peter had 1 1/2 pages of instructions and Dangers of the Race, and 19 rules, followed by a Waiver all competitors had to sign. No wonder! The thing appeared to be tied together with rope and at the end of each run the pin holding on one wheel has to be bashed back into place with a large stone.

They wouldn't let me enter but Peter finally relented to let

me to field a team. When next your reporter met them Wayne was asking if there were any sacks for the Sack Race. Replied his team-mate "You ran the 3-legged race without a tie around your legs; why would you want a sack for the Sack Race?"

Ann Heald proudly informed The Creek sons **Oliver** and **Simon** won their respective Bike Races and in the talent show daughter **Andrea** gave a rendition of Bette Midler's "Boogie Woogie Bugle Boys of Company C" that stopped the Stamps' bar fellas in their tracks.

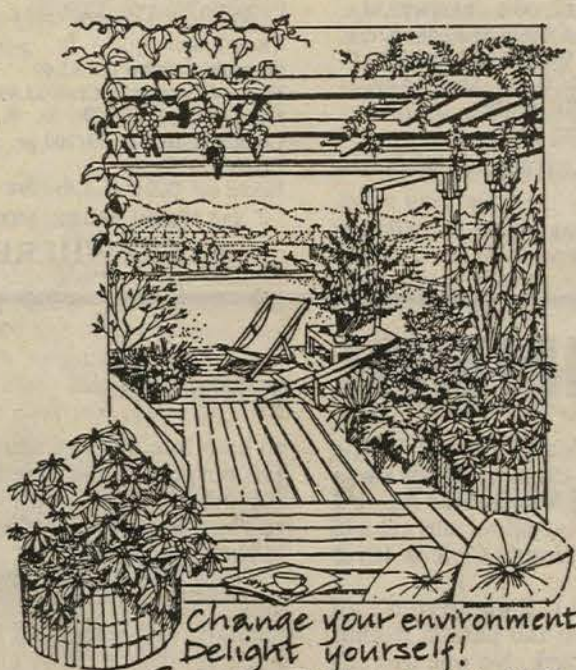
The Exercise Warm-Up, lead by the Community Centre's fitness staff conflicted with the Opening Ceremonies so the kids having a marvellous time on stilts and unicycles warmed up.

Roger Dahlquist, **Sylvia Ray**, and **Carl Benson**, bless 'em, never hesitate to mess up their own plans to be on hand with the artillery of **THE GREAT WEST CANNON CO.** to officially launch False Creek events, which they did at noon. Meantime the Volleyball

organizers blotted their copy books by not letting your reporter play just because I hadn't shown up at registration time. My plea to be an extra because "I'll be so useless it won't matter" fell on deaf ears. Attempts to join in the Snowshoe Race were similarly thwarted by **Doug Atkinson** shoving my foot out of the harness three times and then asking "Do you really want to be in this?"

This is no doubt a small sample of the treatment dished out to discard inept would-be participants that enabled the **False Creek Community Centre Team** to amass 4000 points to win the **FALSE CREEK CANADA DAY CHALLENGE TROPHY**. If those points weren't half fraudulent why did runners-up **Creekview Co-Op** amass only 1925 points and the third place **Netherlands** team manage 1725. There's more to this story than the whole bunch of them being Fitness Freaks - could it be they were the only ones to get their teams organized?

Continued on Page 4



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Susan Baker 731-1371



me have a short run. It was the grandest fun - just like rowing a boat, on wavy water.

But you'd think Peter, on running down the track to turn the beastie around and give another starting shove, would have more discretion than to push the Editor of the local paper so hard the thing bounced off the tracks, discarding its wheel, and almost its rider.

The proper race was won by **Art Kendall**, **John Girven** and **Wayne LaCarte** who formed the non-profit Millbank Cafe Socie-

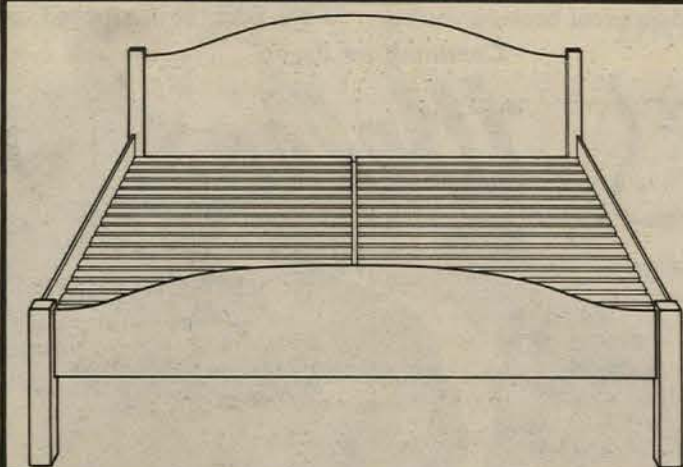


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THE COMMUNITY CENTRE by Nancy Reynolds

It's summer and time for kids of all ages to enjoy the outdoors. Some of the outdoor events you'll want to mark on your calendar will be taking place at SUTCLIFFE PARK (next to the Adventure Playground).

FRIDAY, July 19,
1:00 p.m. **CLOWN-IN WITH MEAKS**

TUESDAY, July 23,
3:15 p.m. **THE RUCKUS CIRCUS**

TUESDAY, July 30,
1:00 p.m. **THE MUSIC MAN**

WEDNESDAY, July 31,
2:00 p.m. **CIRCUS MAGIC**

THURSDAY, August 1,
1:00 p.m. **COMEDY CARNIVAL**

FRIDAY, August 9,
1:00 p.m. **THE DRESS-UP MAN**

Also this summer **THE RED CROSS** is offering two **SMALL CRAFT SAFETY SURVIVAL** demonstrations. Participants will learn about survival skills, emergency actions, accident prevention, rescue methods and personal flotation devices. These demonstrations will take place:

TUESDAY, July 1
& **SATURDAY, August 10** — 11:00 a.m.

SUMMER SOCCER SCHOOL has been postponed.

In co-operation with the B.C. Soccer Association, we will be hosting a summer soccer school at Charleson Park for the week of **AUGUST 26 - 30**. Boys & Girls 6 - 16 years welcome. Monday - Friday 9:00 a.m. - 12 noon. \$30.

Please note: Adult Karate Club will be postponed until September. Adults may participate in the children's programme on **Tuesdays** at 7:00 p.m.

DESIGN YOUR OWN PROGRAMME

If you have an idea for a workshop or programme and know some others who would be interested in joining in, please send your ideas to the **Programme Committee** or call **Nancy Reynolds** at 688-9478.

Note to Editor: We'll see what we can do about a "WRINKLES AWAY" workshop. Ed.'s reply to Nancy: There are enough of us around needing one you may need a special telephone line just to take the "register me" calls.

Nancy said she kept finding little "messages" for her scattered throughout the June issue of The Creek - and wondered if it were a ploy on the Editor's part to make sure she read every word.

Cooking the Creek Catch

by Babs

One of the good things about men is that many of them are Daddys (as we say in the south). A lot of these Daddys have little girls. As a part-time psychotherapist I know how important Daddys are to girls (both big and little). As a daughter I know that my Daddy has been the best friend I've ever had.

I lost my Daddy this month. In memory of him I would like to share one of his favourite recipes which I'll call

DADDY'S RABBIT

Serves 2 - 4

- 1 rabbit - cut up into serving pieces
- 1 cup morels, halved (you can substitute commercially sold mushrooms but it just won't be the same)
- 1 small onion, chopped
- 1 cup sour cream
- 2 tbsp. butter
- 1/4 cup oil
- flour, salt & pepper

To clean morels, cut off bulbous end if dirty. Quickly wash out pockets and dry.

In heavy frying pan (cast iron is best I think), saute mushrooms and onions, then set them aside. Heat oil in small pan to 350°. Dredge rabbit in flour seasoned with salt & pepper; shake off excess.

Fry rabbit until nicely browned, about 2 mins. on each side, being careful not to burn it.

Remove rabbit and set aside. Pour off most of oil, retaining pan drippings. Add some sour cream and simmer, scraping up bits that are stuck to pan. Add mushrooms, onions and rabbit to the sour cream and continue simmering until done, about 20 - 30 minutes.

Serve with rice.



NEW AT THE CENTRE

by Alison Acheson

Something new is happening at False Creek Community Centre. It's called "Girls in

Science" a course for girls only, taught by female instructors, dealing with how to fix bicycles, build an electric motor, and... potato power? What on earth is potato power??

One of the many questions my curiosity led me to ask Mary Vickers, of the Society for Canadian Women in Science and Technology, a group devoted to encouraging young girls to explore the possibilities of science as careers. Vickers feels that women, as girls, are discouraged from the maths and sciences, and tend to follow the more traditional routes.

But, as Vickers pointed out, for many girls, even the use of math in the construction of a birdhouse opens doors not thought of.

This summer will see the second year of the program at

Brittania Community Centre. There the program is somewhat different, five days instead of three, including woodworking, biology, and computers.

The course is designed to familiarize girls between the ages of nine and twelve with tools and methods they might otherwise never use or feel confident with. And while some enter the class with a degree of trepidation, or even unwillingly, it is only a short time before all pick up the hammer and the wrench with assurance.

It would be difficult not to. The enthusiasm of the women behind these girls is infectious.

Just listening to Mary Vickers, I wanted to make my own potato power. And what is potato power? I found out but I'm not telling! You'll have to find out for yourself.

BE BRAVE, BE BOLD BECOME A BOARD MEMBER

The **False Creek Recreation Association** offers residents of False Creek (and the Slopes) the opportunity to serve on the Board of the Community Centre.

The Centre is jointly operated by the Parks Board and the False Creek Recreation Association (FCRA). The Board is made up of volunteers from the False Creek area. At the Annual General Meeting in October we will be electing people for 8 out of 15 positions.

The Board of Directors deals with all matters of concern to

the community centre and is responsible for arranging programmes to fit the needs of our very unique and growing False Creek community.

If you have some time, energy and ideas to contribute, don't hesitate; please consider running for election - and besides it's fun.

Contact **Carol Sogawa** or **Linda Bundrant** at the Community Centre, 1318 Cartwright St., Tel. 688-9478, if you'd like to leave your name for nomination, or if you just need more information.

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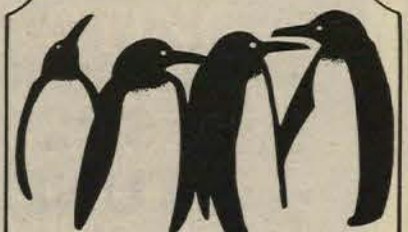
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CANADA DAY (cont'd)

Though she was a member of the winning team **Brenda Ewart** being awarded the **INDIVIDUAL ACHIEVEMENT AWARD** was probably honourable for we understand this was won by participating in the most events - Snow Shoe, Volleyball, 3-Legged Race and the Women's Division of the Velocipede Race.

The roving reporter then came upon **Arlene Morgan** manhandling the enormous charts needed to keep score for the 100 items she devised for the **SCAVENGER HUNT**, which had 8 teams of 6 children dashing all around False Creek for four hours.

They knocked on the doors of neighbours and strangers in search of their treasures. Arlene had delightful tales to tell, including one about a young fella who said "I pass a house on my way home from school that has a Dog sign. Let's knock on their door and ask if we can borrow their pet leash". And they did.

In the first place was the team from **Connaught Co-op**; in second, **Alder Bay Co-op**; and in third, **The Netherlands**. This is another event that's a must for future years though after her hours of score tallying Arlene thinks 50 items might be enough.

The **TUG O' WAR** was as popular as ever (though some observers were horrified at the violence of the "encouraging" parents).

Some of our women were still dreamy-eyed, two days later, as they recalled the fine specimens of Firemanhood who demonstrated pulls: "They had muscles on muscles" one said.



And a weary Jerry Poole wasn't resting. He was handing out pop & hot dog tickets to kids bringing in full garbage cans.

The Pie Eating Contest is always popular with the kids but this year Rick Thaddeus added a revolting feature.

THE ADULT GOURMET TRIATHALON

For the first round **Isadora's** supplied a cake with white butter and chocolate icing on a Bavarian Cream centre. 12 com-

petitors devoured this, 6 going on to Round 2 - a **Stuart's Fruit Flan** with fresh cream and custard filling topped by kiwi fruit and strawberries. To onlookers' astonishment, 4 people scooped through Round 3 - a **Black Forest Cake**, also from Stuart's.

The proceedings were so disgusting we are letting the winner remain anonymous!



Blue, dressed up for the picnic.

Didn't I say it was impossible to be everywhere. I missed one of the loveliest highlights of the day.

THE TEDDY BEARS' PICNIC



This young fellow said his bear was 33 yrs. old!



Blue & Rick were introduced to all the bears by name. One was called Teddy.

Conceived by **Blue Thaddeus** and executed by Blue and indefatigable (and undeterrable) husband **Richard**. Surely some parent took pictures of the Picnic - all those youngsters and their bears, dressed for the outing, sitting either side a long

red-checked paper tablecloth, picnicing on the sandwiches, cake and juice the hosts brought. They had a "show-and-tell" for the Oldest, the Youngest, the Most-Beat-Up and, of course, The Best Dressed Bear. There were so many dozens of kids Blue estimated by counting the number of cups left. She took 100 and had 10 left - **NINETY??**



Normandy Daniels, aged 5, with her winning Best Dressed Bear - hat a tilt after a great party - and her prize.

Who was the most overwhelmed by such response to a simple, yet enchanting idea - The Thaddeus', the children, the onlookers - or the bears?

Bet the Big Newspapers and the T.V. people are eating their hearts out they weren't there to capture it.

It proved to be the ideal way to quietly wind down a hectic day for the children but it had to end at 6 p.m. because "At 6 o'clock their "Mummies and Daddies take them home to bed, because they're tired little Teddy Bears."

It's true the street dance at night has been over-boisterous

Peter Morgan, Oksana Mazur and **Richard Thaddeus**. They all looked thoroughly bushed by day's end. After being bullied off the volleyball pitch and out of the snow shoe race, your reporter, on asking to be let in the sack race, received much kinder treatment from Nancy. "You don't have to register; you just have to be there and want to play". And did you notice how many grown-ups love to play games too?

When it came time to draw raffle tickets for the EXPO PASS prizes, **Tom Quan** from **Snappers** offered an extra draw item - dinner for two. Thanks Tom. The winners' names are missing from the pile of notes or they'd be published here. If winners haven't got their prizes yet they should call **ANN HEALD** at **731-3997**.

To offset the one bad story heard - some rotter stealing a tank of propane from outside the Heald's house the night before - there was the praise heaped on four fine lads - **Keith McCulloch, Brad Peacock, Jason Gingera** and **Brian Molenaar** - who just showed up to help on set-up day and were reported to be working still, days after the event. They put up tents, took down tents, loaded those mountains of chairs and tables, trucked them and the barbeques, golf cart and assorted equipment back to the myriad places from whence they came. They were always there, always willing. It's impossible to acknowledge everyone who made the day such a success but these lads were so remarkable four of the Big Kid organizers told this reporter about them.

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(Rick Thaddeus wants to acknowledge Kids Only's Frog Spirit and the Red Caboose for giving face-painting supplies, and Short Circuit Records for the

Teddy Bear's Picnic tape. Replicas of the grand prize cuddly Koala Bear can be found at the Bear Store in West Vancouver.)

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We weren't the only smiling people on July 1st.

Alderman May Brown had a busy day attending as many of the festivities as she could fit in. When somebody asked her to hand out the little flags from a car in the parade from Gastown to Robson Square she thought that would be relaxing. So many people clamoured for their flags - including smart-suited business types outside the big hotels - she had to recruit a helper. Said May "It was a wonderful day; I've never seen as many happy looking people around Vancouver.

Lunched with Elizabeth Caird of Bayshore Flowers last week. She and Wally are so thrilled to be in the Creek we got to scheming about a wine & cheese open house for residents. Elizabeth said a lot of locals dropped by to get their complimentary rose and welcome them. We know how warm and friendly we are, but it's always nice to have newcomers astonished to discover it as soon as they arrive.

The carnations left over from my June 14 Welcome Wagon visit to Creekview lasted until July 2 Elizabeth. What do you feed them?

SENIORS

SOCK IT TO THEM

Liked the West Ender's idea to declare June 28 a special holiday for Seniors - TAKE A SENIOR TO LUNCH DAY.

Hope you saw the C.B.C. JOURNAL'S programme on the Senior's Revolt.

False Creek's own C.B.C. reporter, **Gerry Thompson**, made C.B.C. stars of several of our Seniors. That was **Vi Cron** and **Joan Murphy** strolling the seawall with Gerry and shopping at Granville Market. Joan on the phone to Ottawa - and others of the Seniors Club giving the government what-for from the Community Centre Lounge.

HEATHER NEIGHBOURHOOD DEVELOPMENT

Sure it was naughty to print that brief item about a high-rise on the Heather bus loop before doing some proper research. Now for some information.

Consultants are presently developing recommendations for City Council which are not even in draft form yet. City Hall people have a variety of ideas and perhaps enough money could be generated by some development to improve the whole area.

We are promised ample time to comment on any recommendations going to the Planning & Development Committee - the fall at the earliest.

Meantime some Heather residents plan to do their homework. It would be useful for a group to develop our recommendations instead of just waiting to react to the City's proposals. As we know from the Imperial site, once developers have done a lot of work on proposals the City is often unwilling to backtrack to take the community's concerns into consideration.

Anyone interested in studying the situation, call Cathy Gourley at 874-9921.

THE PERSONAL COLUMN

Dear Editor:

I didn't get one reply for my plea to meet a Female Cockapoo for the Purpose of Puppies.

How did the 38 yr. old starving writer make out?

Sign me

BOY, Disappointed in Love.

The fellow who said the Personal Column would be popular is right. People have bewailed its absence these last two issues.

But The Creek can't print what it doesn't receive.

P.S. The starving writer did alright.

EXPO BOAT TRIP

Peter Morgan worked hard with EXPO's Maire Shaw to arrange for a boat to tour the EXPO site on July 1st. It's as well it wasn't possible because who would have wanted to spend the afternoon lining up for a turn, and miss the rest of the fun?

But EXPO are still willing to send us a boat one weekend afternoon. If possible (tides and draught permitting) we'll have it leave the Community Centre dock but even if it has to moor on Granville Island it will be worth the walk over. A close-up view from the water is great; those who don't row or paddle, or get invited on yachts, will have their chance.

We'll probably arrange it for late August and announce the date next issue.

The Creek wonders if we should start an EXPO column again. It receives (and keeps) every pamphlet and news release EXPO sends out.

If you're interested let The Creek know what you'd like to read. Then it only needs a journalist-in-training to offer to do the column.

Talking about new columns, we've long wanted to have an Arts Editor for Granville Island.

Your Ed. stopped by the gallery to admire the Chinese teapots and murmured this wish to the Wednesday Volunteer Lady, Barbara Drew, who lives in 6th Estate.

She smiled and said "I'd like to do that. In fact I've been trying to get up my nerve to phone and ask if I could do it for The Creek".

It's called serendipity isn't it? And that's how you become a Creek columnist.

Of course, there's another way. You can be Frances Kohn saying how interesting it's been all these years observing what goes on from their window overlooking Leg-in-Boot Sq.

Needless to say, since we've been missing Diane Allen's column **FROM THE EAST END**, the merciless Editor pounced.

Frances demurred, "I don't write as well as Bob" - but when we met this week she admitted she's made a few notes already!

APOLOGIES

to Grandad **John PARKIN**. First time he has an article published and the Editor spells his name wrongly.

He wrote so charmingly about his grand-daughter's soccer game last month he should do some more Notes from a Proud Grandfather, don't you think?

WHAT A CHANGE

You've seen so many store signs advising **NO CHANGE FOR BUS**.

DANIADOWN, on 8th Ave., has a large sign in the window announcing **CHANGE FOR PARKING HERE**. Nice gesture.

STOP THIEF

It saddens us to report the same rotters who thief around the town are rampant in False Creek.

BRAZEN BIKE THIEVES are sweeping the stretch along Millbank to Leg-in-Boot Square. Hardly a household has escaped having a bike swiped. Thieves are even getting into locked storage rooms in secured underground parking areas.

One person locked his bike to the trellis outside the front door and it had gone 5 mins. later.

What can we do? **STOP** assuming someone unlocking (or severing a chain) are the owners. Perhaps if you see someone fiddling with a bike outside a house you could walk up to the front door and ring the bell. If it's a thief it might deter him.

Any readers' suggestions for action would be welcomed.

The police told one Creek resident the total value of bikes stolen in Vancouver is greater than the total from bank robberies.

Should you assume most bikes sold through the newspapers are stolen?

And what do you do about it?

EVEN SADDER

The lovely Mexican clay pots of glorious geraniums a neighbour had cascading down her front steps disappeared. We hoped they all died the next day.

And some of Pat Combatti's new chairs for his Riviera Cafe addition were stolen before they'd even been sat on. We're told he slept in the truck one night, not daring to leave his new tables and chairs unattended.

We've prided ourselves this is a safe, caring community. Never mind what's happening in the world out there; let us figure out how to keep ours safe and clean and honest.

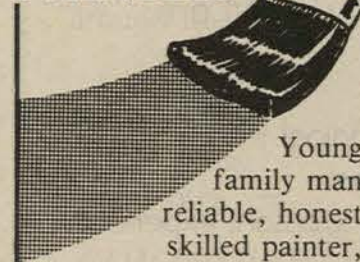
PICTURE CONTEST WINNER

The Editor is slightly embarrassed to announce she is the winner of Dinner for Two at Snappers this month - but there were only two who sent photos to The Creek.

More pictures from July 1st can still be submitted for August - **PLEASE**.

The contest is in answer to the oft-repeated remark "You should print pictures of the neat things that happen around here".

SKILLED PAINTER



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LEO BURDAK, why don't you start a monthly cartoon of Life in the Creek. Maybe even a strip.

Perhaps as observed by your splendid character.

C. CRICK, Esq.

THE BOOK REPORT

Half the ideas people have suggested have already gone out the Ed.'s head.

Kirsten Emmott once thought someone should write about the babies who were born at home in the Creek. So Rick Thaddeus said she should do a piece for The Book and Kirsten agreed.

She knows of several babies but if yours was born at home, phone her at 734-5549.

Someone said a person in every housing complex write about it. That lead to the idea for a section on By-laws. My strata council has one that says "weeds shall not be permitted to grow". I've read it out loud to my weeds but they appear to be deaf.

There's another set that permits a selection of animals but not two of a kind - you could end up with a small zoo: 1 dog, 1 cat, 1 gerbil, 1 hamster, 1 cockatoo!!!

Someone can have fun compiling that.

Life in the Inner Courts

Another Creeker talked about the changing scene around the kids' climbing equipment in their courtyard. After 8 years the kids are still there, but they've grown from toddlers to teens and are now doing their courting.

A 7-year Stamps regular thought there should be an item on the pub.

And so there should. From a Blight in the Neighbourhood to Satellite Community Centre. Toby, that's a natural for you.

A history of July 1st celebrations would be great - the highlights and the calamities.



You thought I was kidding about needing a wagon to visit Creekview Co-op last month!

Christmas 1985 will be our third Annual Carol Sing. Then someone who's been at all three might write about those.

And which floating wit will write about Life in Sea Village (for a family publication, remember).

Of course there'll be some historical stuff - who wants to do that?

Another wag suggested asking the Planners at City Hall what it's like dealing with this community. If he writes as wittily as he talks, the Director of Planning should do that (or you can do it in cartoons, Mr. Spaxman).

This is certainly a community of creative people and entrepreneurs? How do we handle that?

This will be the book to give to friends and the people who say "What's it LIKE, living in False Creek?" You'll say "Read what it's like; we wrote this book ourselves".

So let's get started because The Creek wants to publish the first contributions. When you go out to lounge in the sun, take a pad and pencil and put into words (however unpolished) what Life in False Creek means for you.

There are four on the Book Planning Group now. If you'd like to be on it call The Editor at 734-3369.



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THE ARMCHAIR TRAVELLER

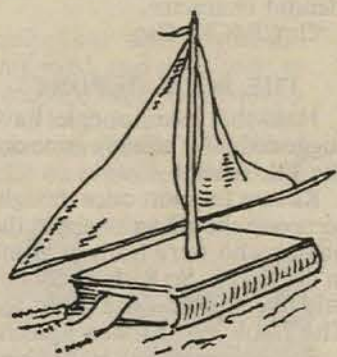
by Norma Hawkins

Yes, you can afford to travel around the world, even if you haven't a dime in your pocket. All you need is a comfortable armchair and a good travel book.

First let us go to Patagonia on the southern tip of South America. It remains today a land of myths and contradictions. "IN PATAGONIA" by Bruce Chatwin is an observant, humorous account of the lively past and desolate present of this country, its breathtaking beauty, and the strange life-histories of the eccentrics and exiles who inhabit it.

If you yearn to get to know the countries of Asia, the best book to take you there is "THE GREAT RAILWAY BAZAAR; BY TRAIN THROUGH ASIA", written by Paul Theroux. It is a fascinating record of impressions from his four-month solitary journey through Turkey, Iran, India, Southeast Asia, Japan, and back to London via the Soviet Union. His journeys have as many mishaps as detours. This unique book is vastly entertaining, sometimes hilarious, and occasionally shocking.

If you want a less hurried holiday, but one that gives you a feeling for the land and people, try a Welsh farming area. "I BOUGHT A MOUNTAIN" by Thomas Firbands is an extraordinary account of a farming venture in Wales between the two World Wars. Dyffryn Farm is set in a valley in the shadow of Mount Snowdon. The author fell in love with it at



first sight, and spent his entire savings on its purchase. Here he, a totally inexperienced farmer, bought Esme, his elfin-faced bride. His meeting and marriage with her is described in one brief paragraph which is more telling on the subject of wooing and winning than whole chapters of a bestselling romance. When you read this simple story of six hard, loving years of labouring in the cause of this Welsh hillside sheep farm, you will know why this book has become a twentieth century classic.

If you prefer the English to the Welsh countryside, read "JAMES HERRIOT'S YORKSHIRE" written in response to thousands of letters to the beloved author of "ALL CREATURES GREAT AND SMALL". They all expressed a wish to see the Yorkshire countryside which the veterinary surgeon writes about. This book is a beautifully illustrated tour of the Yorkshire countryside. All his favourite places are here, illustrated with over 200 magnificent colour photographs by Derry Brabbs, which show

the gloomy dales, the farmyards, the little rivers and the snowy hills which Herriot brought to life in his stories.

For those who prefer sunnier climes, try "ON THE SHORES OF THE MEDITERRANEAN" by Eric Newby. This famous traveller sets off around the Mediterranean Ocean in a clockwise direction, visiting most of the 15 countries that surround it, and sharing with his readers a remarkable variety of people, places and things.

Those who prefer wilder places, far from civilization, will enjoy "THE ROOF OF AFRICA" by James Clarke. The wild places of Southern Africa, from Zimbabwe across the Kalahari to Namibia and south to the Cape, are the subject of this stunning book which includes 180 full-colour photographs.

Finally, travel around the world to some of the remotest regions left on earth, in conditions of acute discomfort, danger and excitement, with Robin Hanbury-Tenison's "WORLDS APART". He left the comfort and security of his farm in Cornwall to become the world's best-known and most deeply committed modern explorers.

These are just a few of the excellent travel books available through your South Granville Branch of the Vancouver Public Library. If there are other countries you long to visit, but can't afford the plane ticket, ask your librarian to recommend a book that will take you there, free of charge, in your imagination.

LIVE FROM STAMPS

Malcolm Webb is ecstatic. Ron Davis is sleeping in his uniform. Sue Emo turns the other cheek and plays on. The Stamps Boys of Summer are on a roll!

Who would want to watch the indoor game on a plastic diamond when on a summer evening you can lie on the grass in the ball park and watch the likes of the Great Kaminski slamming Stamps softball towards the best ever record for an expansion team in the league.

For autograph seekers the team can usually be seen in the pub, together with their humbled opponents, following their victorious games. Be there at the start of a dynasty.

Incidentally it is rumoured that Malcolm's sudden total lack of fear on the ball field was precipitated by his embarking from an airplane about 3000 ft. before it landed. Apparently he was late for teatime. (Some of us more sedentary members of the bar would call it a total lack of sense).

Two Stamps' sailors have headed south to skipper boats in this year's Transpac. Stamps' very own Captain Bligh, the charming Dave Ratner, is on INCANTATION while Trev Beasley is at the helm of DROIT DE L'HOMME.

The race started at noon on July 4th and as usual the chart is up in the bar and positions

will be plotted daily (hopefully in time for the 5:30 pint).

Toby strolled over to the huge family picnic held by the False Creek community on Canada Day and couldn't help noticing the number of Stamps regulars putting a lot of volunteer work in. Nice to see, just when Toby was becoming convinced that financial gain was the only surviving motivation of mankind.

The day seemed a great success, culminating with a dance in Leg-in-Boot Square where Rick Fenner's great vocal accompaniment to the band made us realize that his singing in the pub is all too infrequent.

Two birthdays behind the bar this month, the Long and Short of it - Janet and Kimberley, both still in their salad days. Happy Birthdays to you both and thanks for looking after us all so well.

See you all at the Golf Tournament.

Cheers

Toby



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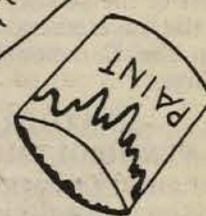
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Cartwright Gallery (Granville Island)

PRESENTS

THE PERFECT SETTING

by Barbara Drew



Have you dropped into the Cartwright Gallery lately? You know, the one next door to the brewery, with the nice shady

lawn. Well, if you have, then you've seen the extraordinary collection of I-hsing clay teapots recently on view and perhaps

you were among those who were captivated by the utterly charming miniatures on exhibit in May.

But let me tell you about the show that opened July 4th. It's called "The Perfect Setting" and it comprises twenty-two place settings of china and crystal. This tableware is the work of Canadian ceramic and glass artists who are the award winners in a national competition sponsored by the former Governor-General.

Two of these artists will be commissioned to execute a complete table service for Rideau Hall, the official residence in Ottawa. The exhibits are unique and they are beautiful, expressed in delicate porcelain and fine stoneware in traditional and contemporary designs. One senses how each artist has interpreted his or her concept of china and crystal worthy to grace the Governor-General's table. This work also has a fascinating historical reference. It is the second time in Canada's history that a china service has been commissioned for the Governor-General's residence.

In my next column I'll tell you who designed the first table service and where, surprisingly, it rests today. In the meantime, see you at the Cartwright. The show will continue till September 1st. You really must see it.

A FALSE CREEK FANTASY

Submitted by Carol Farrell of the West End. Her mother, who lives in Dunbar picked up The Creek at the market & told Carol about the Picture Contest.



GETTING AWAY FROM IT ALL

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The Fast Fork



by Cyril Belshaw

Some of the best restaurants along Broadway, between Hemlock and Cambie, are oriental. And the best of these for food, by a long length, is **JINYA******, small, intimate, unpretentious, at 567, phone 873-5040. There are about five stools by the sushi bar, which, if you are lucky enough to be at one, enable you to discuss the preparations with the master chef at work.

In the same room are six small tables, served by kimono'd waitresses, who are very good at explanation, and across the hall perhaps four tatami rooms. Each night the chef produces a number of non-menu specials, depending on the market. He is renowned for his skill at blending textures and flavours, and the imagination with which he uses fresh ingredients. This goes far beyond the orthodox sushi and sashimi fare, and is complemented by a wide selection of other kinds of food, skillfully prepared in the back kitchen.

KOJI***, upstairs in a plaza at 601, phone 876-9267 is a quite different experience; larger, crowded in prime dining hours, with an elaborate decor and a battery of skilled cooks at the sushi bar flicking their wrists mightily. There is a pleasant patio giving a city view, and several tatami rooms. Koji is a branch plant of a Japantown restaurant and produces conservative popular fare, without forays into the unusual.

In the same building the **BROADWAY ARCADE RESTAURANT*** has good hot pots, some good Hong Kong items, and nibbles for drinks, phone 873-4855. At lunch it is demure in its modernity, but at night - it is the place to China-watch the young at play, if your ears can take the decibels from the enthusiastic contemporary oriental combos and songbirds.

The only other good Chinese restaurant in the district is the well-known **PENINSULA****, upstairs, with a bit of a view, at 604, phone 872-1271. There is a special dim sum room which I do not recommend - the food is uninteresting and the service quite unhelpful. The main din-

ing room is a different story, somewhat elegantly furnished with a most comfortable drinks lounge. The menu is Cantonese with a number of inventive modifications, and in some instances beautifully served with a rare attention (for a Chinese restaurant) to aesthetics in presentation, reminiscent of the best of Mandarin. But this is not carried through.

Several of the dishes I have tasted have been greasy, brash and with uninteresting sauces, while others have been delicate. The service is pleasant and helpful.

Down the road at 546, you will find the **MALAYSIA****, phone 873-6900. It is very simple, the modest decor inherited from a previous Philippine place, but it is truly genuine. The tasty spiced food, especially with peanut sauces, is eagerly consumed by a young South-east Asian and oriental clientele.

There is no end to possible culinary adventure in these few blocks - and more to tell next time.

Serving notes

If you are going into the interior for holidays, believe me it is well worth while to schedule your departure so that you can take in a meal at **LE PIQUE-ASSIETTE****, 9256 Main St., in Chilliwack, phone 795-5616. Jean-François Raufe produces the best menu and most delectable food, light or substantial. East of Langley - if and when I can take another meal I might well be tempted to give four stars. Don't sleep in Chilliwack, though, go on Harrison or Hope.

SZASZ***, on South Granville has changed menu and style, now open until 9:00 p.m. with excellently modulated piano entertainment, and some genuine Hungarian offerings that put it in a high class, yet still informal and inexpensive.

You've probably often driven past the 7th Avenue Deli* on the corner of Hemlock. Although they often use canned foods, their sandwiches are pretty good and carefully prepared. Pity they are not open weekends.

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Housesharing or small furnished suite required by professional lady who must leave present False Creek housesharing, as owner moving. Call Erica Thomson 876-1925.

VANCOUVER
MUSEUM

Rebel, feminist, artist and mega personality Judy Chicago, creator of The Dinner Party, brings the acclaimed and controversial Birth Project to the Vancouver Museum, 1100 Chestnut Street, Vanier Park, June 28 where it will show to the public until September 15, 1985.

Stitchers from the United States, New Zealand and Canada, including Ann Gibson from Vancouver, the lone Canadian, have volunteered to work with Chicago over a three year period to create this panoramic series of images conveying the joy, pain and energy of birth, experiences shared by women but rarely seen in art.

More than half a million people saw The Dinner Party. The target for the Birth Project is 1 million, which is why the exhibit travels in sections to different localities.

* * * * *

WALKERS
WANTED

Phyllis Norris from Heather Point does, every day, and decided she might as well walk with a purpose occasionally.

So she's taken a 1 1/2 hour Creek delivery route on Fairview Slopes.

Phyllis, don't forget to phone in the neat things you notice (like the Daniadown notice about change for parking) and the nice things that happen (like the lady who interrupted a conversation in her rental office to stick her hand out the door, saying "Can I have mine now?" as we approached to drop a batch of Creeks at the apartment door.)

Watching the re-development of the Slopes is fascinating; it never ceases to be amazing how many units can be packed on to one house lot.

There are two more "routes" on the Slopes between Willow and Alder (Cheryl Read of "Arasheena" does Alder to Hemlock) and it's time to include the businesses to Burrard - after two of them phoned last month to say "We've had customers tell us we should advertise in The Creek, but we don't even get it over here."

If you want to walk with a purpose once a month, Call the Creek Office (734-3369).

VOLUNTEER
HELPLINE

The Vancouver Volunteer Centre must have picked up a copy of the last Creek, with our suggestion for a Volunteer noticeboard. They were quick to put some items in the mail.

The following is just a sampling of volunteer opportunities available this week at the Vancouver Volunteer Centre. For information on these or other needs, phone 731-6168.

LIBRARY AIDE — Typist to complete cataloging books in resource library in Kitsilano area, by typing cards for 1,000 books. Volunteer should be accurate and fast typist who is able to work on their own.

RECREATIONAL Aides aged 18 and over to assist staff with implementation of organized activities, sports and outings for Japanese and Taiwanese students attending a summer English Language Program in the Marpole area from Mid-July to August 30.

HAIRDRESSER/Stylist needed to provide haircutting and styling for residents of a Detention Centre in Burnaby.

PRE-SCHOOL activity assistants 16 and over to assist staff with program which includes swimming and which integrates special needs and non-handicapped pre-school children. U.B.C. and Champlain Heights areas, weekdays from 9:00 a.m. to noon or 9:00 a.m. to 2:30 p.m.

ART Show Hostesses with an interest in art or photography to assist at "Women in This Decade" photo exhibit held July 24 to August 3, from 10 a.m. to 4 p.m. in downtown Vancouver. Volunteers to check exhibits, welcome viewers and hand out catalogues.

RECREATION assistants aged 15 and over to assist with recreation and social education with mentally handicapped young people from 6 to 20 in the Little Mountain area, Monday to Thurs. from 10 a.m. to 3 p.m. Program ends August 30, and includes outings for swimming, skating, picnics and other summer fun.

CHAIRPERSON needed by local branch of international organization to organize, market and maintain hand-craft program which helps fund self-help and development projects in Canada and abroad. Volunteer to have interest and knowledge in crafts, good organizational and marketing skills.

RECREATION assistants 18 to 25 years to assist at a summer out-of-town camp, July 21 to 25 for children 8 to 16 years who have cancer. Room and board and transportation included. Experience with children preferred.

COOKS and servers required in Mount Pleasant area July 27 and/or August 24 for special live music cafe nights. Cooks must be experienced, servers with some experience preferred.

CROSSREACH SENIORS

at 1811 W. 16th (732-1477), (for those 55 & over), has a series of (Wed. 1:30-3:00 p.m.) programmes during July & August on

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Emergency Response for Seniors
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Building goals to stay well
Canada's Health Food Guide
Home & apartment security
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* * * * *

Can there be a town that has more Festivals than Vancouver. No wonder easterners think this is lotusland. How can anybody find time to work with so many marvellous things to do in the summer?

There's music on the Robson Sq. plaza at noon.

Please sun, stay with us for the crazy bed race at 12:30 on July 13 and the equally insane Hotolympiads at noon on July 15; the Buddhist's Oppenheimer Park Festival on July 13; the SEA FESTIVAL runs July 17 - 21; the FOLK MUSIC FESTIVAL at Jericho from July 19 - 21; the White Rock SAND CASTLE DAY on July 21; the ABBOTSFORD AIR SHOW from Aug. 9 - 11; the JAPANESE FESTIVAL at Oppenheimer Park on Aug. 2 - 4 and the BEER FESTIVAL at the Firehall Theatre on Aug. 10. Make your own rock video, kids, at David Lloyd George School, 8370 Cartier St. (261-6612 for info.) from now to Aug. 16.

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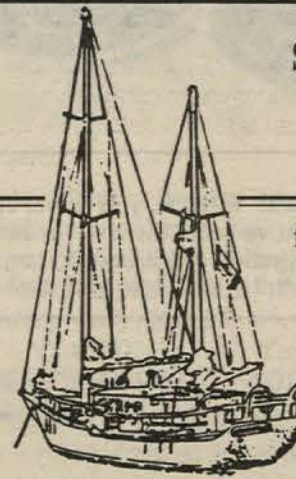
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