



The Creek



SPONSORED by the Community & Recreation Associations

December 1982 Vol. 2, No. 4

WHAT TO DO — WITH LOT 82?

By Beryl Wilson

The Site

Lot 82 is the last empty lot in Phase II, located at the entrances to Granville Island and to False Creek South Shore. It is zoned for mixed use and planners intended it be developed to provide a link between commercial development on Granville Island and residential development in the rest of False Creek.

The situation

On July 27, 1982 Council considered a report by the Director of Development for False Creek regarding the Island Park Building Society's request for an extension on their option to build a market development on Lot 82. The Society had been granted the option on the basis of a competitive bid in early 1981. Due to the economic downturn the Society was unable to proceed with its market proposal and in July 1982 requested an extension to their option and permission to change their proposal from a market to a non-market development. This would have meant a redesign, a new program and likely a lower price for the land.

Council rejected this request, largely because a change in the terms was not considered appropriate after a competitive bid process. Council adopted the following motion:

"Council reject the proposal

of the Island Park Building Society for development of non-market housing and instruct the Director of Development for False Creek to begin to make contact with the development community with a view to naming a developer for the site in early 1983."

In preparing their request for a change the Island Park Building Society initiated the creation of a non-profit co-operative for whom the Society would develop the property on a turn-key basis. The Island Park Housing Co-operative is independent of the Island Park Building Society; President John Fellows and other members are Creek residents. The Co-op wishes to pursue developments rights for the property on its own and on October 26, 1982 appeared before Council with a proposal to construct 101 units, amenity space for residents and day care space.

City staff recommended against the proposal on two counts:

- i) that the market will eventually recover and the City will receive the \$2m+ required to make the overall redevelopment of False Creek break even on servicing costs;
- ii) the constraints of a difficult site make it unlikely a Co-op development could invest enough money in it to produce

an attractive and liveable building.

Many people have wanted to know more about the Co-op proposal and discuss the ultimate use of Lot 82. Some feel Phase II would be "over Co-oped" with a third one.

Some are feeling claustrophobic at the prospect of another large development at the extreme end of Phase II and would like to see plain open space there. Others, choked by increasing Granville Island traffic, would opt for additional parking. Clearly the City must look to financial return on the site.

Other non-profit sponsors had expressed interest in the site but in view of Council's July 1982 decision may not have pursued their interest further. If Council should reverse its present position and agree to a non-market development, it may decide a proposal call is necessary.

The Community Association asked Council to defer a decision, which it did and the City has agreed to hold a PUBLIC INFORMATION MEETING. The accompanying official notice is published here:

- i) to ensure you receive it — and remember where it is
- ii) to help finance this issue

Everyone with an interest in the development of this site should be there.

NOTICE

A PUBLIC INFORMATION MEETING WILL BE HELD AT 7:30 P.M. JANUARY 12, 1983 AT THE FALSE CREEK COMMUNITY CENTRE

1318 CARTWRIGHT STREET
GRANVILLE ISLAND

To seek input from the community regarding the development of Lot 82, the vacant lot on the east side of Anderson Street at the entrance to Granville Island. A proposal to build a housing co-operative on the site has been received. Your comments regarding this or any other matter related to the development of Lot 82 will be welcome.

For further information contact:
Cameron Gray, False Creek Development Group
873-7207.

TRAFFIC REPORT

Some 20 people attended the Traffic Meeting on November 10 which was most civil and constructive. A number of them agreed to form a Traffic Committee and Karen Shuster of Alder Bay Co-op (732-9565) volunteered to chair it. We are listing the chief concerns expressed to date.

LAMEY'S MILL ROAD (CHARLESON/MOBERLEY):

- feel use should be community (False Creek) access
- discourage use as market entrance
- discourage use as east end access to Burrard via Terminal Ave. connector
- worried about future use of Moberley re Terminal Ave. connector
- want reduction of Lamey's Mill/Anderson intersection — presently unsafe
- want means of slowing down traffic investigated (traffic lights, stop signs, speed bumps, one-way traffic flow etc.)
- want cross-walks at bus stops
- need means to ensure safe egress from parking lots/garages (mirrors?)

PEDESTRIAN WALKWAYS (EMERGENCY VEHICLE

ACCESS):

- need definition as to legal use
- need to prevent use by non-emergency vehicles (except for delivery vans)

- need to educate police so they will enforce regulations

- need for locked bollards at all entrances, especially new walkway east of Lot 82
- need improved signage as to use

PARKING:

- feel that Market and Stamps Landing cause major difficulties
- need additional rental spaces
- interested in facility to provide resident & guest parking only

- worried about Lot 82 increasing currently allowed density

TRAFFIC NOISE (ETC.):

- would like something done about excessive noise caused by autos going to Stamps Landing, Johnson Terminal trucks, train whistles, etc.
- feel poor signage causes potential accidents

The Committee will meet again in January to begin work. Anyone interested in contributing time and energy to problem solving should contact Karen.

PERMISSION GRANTED

After two years of negotiations, the Wellington Society have been successful in obtaining a departure from the building permit designation in respect to two room areas on the ground floor level of the Wellington's Residence in Lamey's Mill Road — as a result of which plans are now being formulated to open a Community Convenience Store incorporating a drycleaning drop-off/pick-up depot. The

mini store will be open from 7 am to 7pm.

Although business rights apply to two room areas, the residents are being given the opportunity to decide whether they would like to use the eastside for social activities, before any business venture is considered in this regard.

Plans for the opening of the facility are tentatively scheduled for February 83.

THREE BLIND MICE

By Monica Crozet

Woman motorist pulls into the 'no parking' area in front of Twin Rainbows garage entrance and obligingly moves forward to allow the second parking violator to completely block the garage entrance — and the third violator follows suit.

This inconsiderate behaviour set up a series of events resulting

in one resident not having the time to wait for a tow-truck and the ensuing rigmarole connected with this procedure being forced to call a taxi.

A second resident returning home and not being able to gain access to the garage reversed onto Lamey's Mill Road, leaving the car in an unauthorized posi-

tion due to congestion in that area, while he went into his apartment to call a tow-truck. In his absence not only was his car ticketed but towed away.

This is only one incident in the drama of errors and the resulting consequences which residents in this area are having to tolerate every weekend.



PHASE II: SIGNS

For Alder Bay residents who have been frustrated by inadequate signs we have some progress to report. On November 25 Cameron Gray (False Creek Development Group) and Paul Lebovsky (Davidson/Johnson Architects; met with J. Abbott, D. Chipman, A. Grainger of Twin Rainbows, and C. Belshaw, J. & L. Dekker of

Alder Bay Place. Many suggestions were discussed and Messrs. Gray and Lebovsky have gone away to devise a signage scheme to be reviewed again with residents. Installation is targeted for next spring. If you have any questions call Cameron (873-7207) or one of the residents.

WELCOME MARINER CO-OP

They made it on schedule. The elevator was certified at 2:30 p.m. on November 30 and 30 families moved in that night — in true Creek tradition, through a sea of mud in pouring rain.

The rest of 10B (west of Anderson Street) proceeds apace. Narod's 143 (MURB) market units should be available for rent in January.

EXPO '86

By ALISON ROBINSON

Planning for Expo '86 is moving ahead apace, May 2, 1986 — Opening Day — is a mere 41 months away. Why all this activity? Why Expo (a World Exposition) in Vancouver?

International expositions have attracted and fascinated people and nations since the mid-1800's.

The family of man seems to enjoy congregating in an atmosphere of mutual admiration and enthusiasm. Expositions offer an international arena for 'showing off'. Since the Great Exhibition dazzled fairgoers in London in 1851, every one of the succeeding 82 exhibitions has provided a venue for the debut of some new marvel. The telephone was introduced in Philadelphia in 1876 and plastic, the ice cream cone, elevators, plexiglass, moving sidewalks, aluminum, the Ferris Wheel, neon lights, cinemascope, photography, the cotton gin, typewriters and television were unveiled at various subsequent expositions.

One of these marvels, the tower built (as a temporary structure) by Monsieur Eiffel at the 1889 exhibition in Paris to demonstrate the use of steel, has become a world famous land-

mark legacy of international expositions.

Like everything else, expositions have undergone subtle changes over the years. Since 1939 when the New York Fair took the 'World of Tomorrow' as its theme, the focus of expositions has gradually changed. Instead of concentrating on celebrating mankind's accomplishments, they have tended increasingly to define his future.

Transportation and communications — Expo '86's theme — is the theme of life in the future. Unprecedented changes in technology, triggered by events like the energy crisis, are racing ahead of most of us.

For a brief five and a half months an international community will exist in the heart of our City. While we are enjoying the art and architecture and sampling the culture and cuisine, 300,000 key international professionals will be taking advantage of the Expo '86 forum to exchange ideas and stimulate planning for future transportation and communications.

Vancouver - the Pacific Rim port that many think will lead the way toward Canada's economic recovery and future, will host the nations of the world (14 to date) as they come together in peace and understanding to examine direction for the world's future.

I think that this is an enticing and exciting prospect. And, as if those exciting few months in 1986 weren't enough to tickle our civic pride, there will be incalculable economic benefits and tremendous legacies for our City, Province and Country.

More details about that aspect of Expo '86 in the next issue.

FALSE CREEK COMMUNITY ASSOCIATION

By Beryl Wilson

You may think all is drudgery, toil and hopeless issues at Community Association meetings. Not so! Occasionally a simple suggestion sparks a seemingly fanciful idea which catches everyone's fancy. So it was when Marita Birkener, the Recreation Director at the Pentecostal Lodge, said her elderly folk would appreciate more benches around Phase II as they can't all walk to the seawall for a scenic sit down.

Dave Osborne has long wished we'd had a Commemorative Tree Planting Ceremony at each July 1st celebration and allowed such a custom could as easily be for benches. An idea was born instantly and this delightful introductory piece sprung from Dave's pen.

FALSE CREEK FABLES The Eighth Day of Creation

And on the seventh day, the great God Falcreedevoup rested. And while he slumbered, Homo Creekus, vaguely aware that too soon was the struggle of creation abandoned, dreamed a dream of Paradise.*

During the night of this dream, amid fluttering figleafs, slithering serpents and appealing apples, visions of Creekers working together completing their Paradise emerged. Celebrating the seasons, creating places to sit, talk and enjoy the beauty of the Creek, planting groves of trees to mark special events, burning snowmen to appease the slumbering god and calling for the sun's return northward; sculpting a water woman; and many unimagined things blew through the mind.

And the dawn of the eighth

day broke. Neither was it Gray, not was it Bowden — it was Homo Creekus and the Eighth Day of Creation, a time when the Creekers began to create their community in their own image.

(*Known in its secular disguise as the False Creek Development Group.)

In what Council hopes will become a Creek tradition, the first act of Creation will be the Celebration of Spring, a time of the coming of new life, by the installation of a new bench (tree?) at . . .

Actually it was going to be a Celebration of Christmas and we had the bench site chosen when some wise souls said "Whoah! Maybe this shouldn't be a Secret Society; maybe others out there want to join. So we whoahed, decided the first Festival will be in Spring (in better picnicking weather) and created the Bench 'n Tree Festival (of the Seasons) Society. If you want to design benches, choose trees and sites, plan the picnic or create colourful posters for the event, call Chief Fabler, Dave (733-5609).

This seeming frivolity led to discussing many major and minor deficiencies in maintenance, landscaping and capital projects. We've had endless talk, reports and proposals over the years and some things have actually been done. True, the grassed streets have been a disaster; the Heather entrance banners are stolen or shredded by the elements and completing the Spruce Marina turn-around may result in more parked cars than before, but we can't hit bull's eye every time!

We decided to begin compiling a Wish List. Cameron Gray (False Creek Development Group) is collaborating, and in due course he will submit a report/request to Council, with a price tag on it. Cameron's first items for the list are:

Resurfacing grassed streets bordering Charleson Park (asphalt paving, grass crete paving, gravel, re-doing grass, tire strips in grass, ?????);

Landscaping boulevard around Heather bus turn-around; Landscaping between railway and Lamey's Mill Road, south of Sitka Square; Re-landscaping Sitka Square; Doing SOMETHING about Leg-in-Boot Square (additional planning, additional seating, using the fountain as a planter???)

Then we started adding: Access to water for small boats along seawall; Landing spot for False Creek Ferry; Small beach at Charleson Park.

As the Wish List grows we'll need to start doing Priority Ratings and Price Tags, deciding who can/should do what: who's going to pay and how.

What do you want to add?

We would prefer additional suggestions be made in writing to the Community Association, c/o 1318 Cartwright St., Vancouver V6H 3R8. They can be from individuals just as well as Strata Councils and Boards. You don't have to write a long treatise. A postcard saying "Please add . . . to the Wish List will suffice.

By DAVID DEANE

The Fall term is drawing to a close and has been a busy one for staff and students. In addition to coping with cutbacks due to the Ministry of Education's restraint program they have continued to maintain a high level of involvement in the school. The first term report cards have been completed and well over 90% of our parents

have turned out for parent teacher interviews or have made contact by telephone. This kind of support and concern is a major factor in our school's success with students.

In addition to their regular work the children have been

participating in our Remembrance Day assembly, raising funds for various class projects, practising for school teams, and assisting Miss Sawatsky in a reorganization of the Library Resource Centre. The primary fiction collection will now be in

the loft area allowing the intermediate students and more 'elbow room' on the main floor.

Our school population continues to increase slightly. As many of the classes are at or near their maximum this could cause some disruption. To

minimize this problem as much as possible only those new students who live within the school's boundaries are currently being accepted into our school.

Remember that Tuesday, January 4th is opening day for the winter term. We hope you enjoy the current selection of student work and the staff joins me in wishing you a peaceful New Year.

THE SCHOOL COLUMN

FROM THE CLASSROOM

THE OLD LADY

By KARIM NASSER

It was about three-thirty in the afternoon as my friend, Rick and I were walking home from school. We got to the corner of forty-first street and I said, "Hey, Rick, let's go to the old lady's house and see what she's doing." Rick agreed as we walked on.

The old lady lived a block away from my house. The lady never would come out of her house and did not like anybody to come near it either. She would throw pebbles at the people who would come near her house. Rick and I always wanted to see her house and to find out what she was doing all day long. We figured she had something to hide because the only people she would let in her house were her daughter who visited once in a while and her servant. Sometimes she would go visiting her daughter for a

few days and would make sure her doors and windows were securely bolted.

Rick and I got there and as usual the old lady was sitting on her rocking chair by the window staring out at us. As we were opening the garden gate we were covering our faces because we knew the pebbles would be flying out of the window. We walked all the way to the door steps and surprisingly the old lady just sat there very still. Rick and I couldn't figure out why the old lady wasn't shooing us away. We went up the front steps and knocked on the door, but nobody answered so we knocked again and again, but still no answer. We walked down the steps and saw the old lady through the window.

She was sitting there staring coldly out at us. The way she was sitting and looking at us we thought she was dead. We were

scared but we had to find out what was wrong. We tried to open the front door but it was locked. We went around to the back and luckily we got through the window which had been left open.

We quickly ran through her beautiful house to the living room and there . . . ! The only sounds we could hear were of our screams. There lying on the floor brutally stabbed was the old lady.

I just couldn't believe my eyes. Her marble floor was all covered with blood. I felt queasy. But there was one problem, if the old lady was on the ground dead, who is that in the chair by the window? Rick and I quickly ran to the window and Rick turned the chair around and there sitting blankly at us was a look-alike dummy of the old lady. Then everything went black . . .

FROG TALE

By TONY NOLIE

I was walking to school one day thinking about the horrible dream. It was about frogs all over me. I hate frogs so much it made me sick. I wasn't watching what I was doing and fell in a ditch. Frogs were all over me. Boy did I get out in a hurry!

The next day I went to school. We had math then science. We had to dissect a frog. On my desk was a scalpel, gloves, and a pair of tweezers.

When class started I looked over at my friend's frog and saw its heart, stomach, intestines, and guts.

I ran to the window and threw up. I didn't go to school for a week because I was still sick. When I went back to school we had to dissect cows' eyes. I was glad I didn't have to dissect the frog. When I went for dinner. We had frog legs and I went into coma for three months.

THANKS

Special thanks must go to Mrs. B. Ewart for her help in organizing, to Mrs. B. Thompson, Mrs. L. Meyerhoff, Mrs. P. Manton and Mrs. B. Mullin for their help in sponsoring and overlooking the sales, and most of all to all the wonderful customers who made the sale a success. The net proceeds from the sale have increased our class

fund by about \$150 and will be a big boost toward our goal of \$550 for a day of skiing on Mt. Seymour.

All the members of Division One of False Creek School would like to express our gratitude to all those who helped with our bake sale at the

Continued on Page Four

HAPPY NEW YEAR FROM THE COMMUNITY CENTRE

By BOB WORCESTER

The Christmas Fayre was a smashing success this year with more than 800 craftsmen and visitors mingling. Entertainment was provided by jugglers and kids enjoyed the proceedings as much as adults. Brenda Ewert deserves much of the honor for a well planned event that has now become a tradition in False Creek. (In False Creek anything done more than two years in a row is a tradition.)

JANUARY 11 — mark your calendars. That's **PRE-REGISTRATION** at the Community Centre for False Creek residents to get first shot at the programmes. There will be the usual wide selection from fitness classes to gourmet cooking and art programmes, and some interesting new ones:

- Carpentry for girls
- Boys in the kitchen
- Music Appreciation
- Introduction to Micro-computers
- Downhill ski lessons
- Voice Lessons
- Paediatric emergencies
- Behaviour problems and family stress

There'll be a Drop-In Programme for the Disabled starting Wed. Jan. 12th and a Pre-Teen Drop-In night on Mondays.

But men's basketball is still limited to those over thirty and under six feet.

The Sports Equipment Swap-and-Shop Meet should be great fun.

The date is Sunday, JAN. 30. Check the new brochure for details or call John Nelson at the Centre (688-9478).

There's great demand for another **FLEA MARKET**. That's Sunday, Feb. 27 — more details in the brochure.

You'll notice the Centre will be open on Sundays. There'll be space for club groups from 12-4 p.m. If you have a group looking for Sunday space, call the Centre.

The new board of directors was installed and are busy planning for the new year. Connie Heibey and Herb Schumann were appointed to the board to fill vacancies. One of the main topics for discussion will be how to survive the belt-tightening by the Parks Board. Anyone with ideas for fund-raising should forward them to the Recreation Association.

John also welcomes ideas for classes or programs and can offer modest remuneration to instructors with appropriate credentials.

See you at the Centre.



At last! Here it is THE TEENS' COLUMN HOW TO PREVENT BEING A B&E VICTIM

This first topic grew out of a conversation between a Teen and Creek staff. And since teens (ours or somebody else's) are often credited with being the B&E culprits, perhaps we should pay attention to their advice.

Breaking and entering has become a problem in False Creek. There have been over 200 B&E's in our small area alone. Most could easily have been prevented with a little common sense. For instance:

Close all windows and doors *securely* ("You'd be amazed how many people don't" said our informant). Use a *metal* bar on sliding windows and doors — it takes no time at all to slip in a coat hanger and flip up a light wooden rod.

Do not have valuables visible from outside — jewellery, money, alcohol (especially full bottles).

If you must leave a key under the mat, make sure no-one sees you doing it.

Out of 200 burglaries only four people retrieved any possessions (and police had nothing to do with three cases).

Take the Police Department's advice. Discourage burglars, **PRACTISE PREVENTION**. Display a Neighbourhood Watch sticker. Buy, borrow (but not steal) a steel engraving tool and engrave your S.I.N as visibly as possible on as many articles as possible (Pawnshops and street people don't want marked goods).

Know your neighbours. There's a funny contradiction about the people concerned to protect their privacy; they are often equally concerned about protecting their property — yet knowing your neighbours and watching out for each other is Practising Prevention.

Greet anybody who seems to be loitering — offer to help. They'll move off when they realise they're being noticed. Remember most burglars want an easy in and a quick haul. Make that difficult at your house and they'll try somebody else's.

So there you have it folks. There's much we can improve in the Creek. Won't we be surprised if it turns out to be the kids who lick us into shape.

At this time of year, as we Westerners prepare to overspend and overeat (and despite recessions, most of us will) it seems appropriate to give space to letting those who don't already, know about

THE HUNGER PROJECT

The end of hunger and starvation on our planet. An idea whose time has come.

Three things you should know about hunger in the world:

1. **People are dying.**
 - 15 to 20 million people die of hunger and starvation each year.
 - 41,000 people die each day; 28 people every minute, 21 of them children.
2. **They don't have to.**
 - We now produce enough food to feed twice the population of our planet.
 - There are solutions that exist. Hunger has ended in 53 countries (35 since World War II).
3. **You can make the difference.**
 - Experts say that hunger can be ended by the end of the century. The key ingredient missing is the worldwide commitment to get the job done. That commitment begins with you. You have the power to make the end of hunger and starvation an idea whose time has come.

For further information contact:
The Hunger Project 1650 West 8th Avenue

Vancouver, B.C., V6J 1V4

"If there is the political will in this country and abroad . . . it should be possible to overcome the worst aspects of widespread hunger and malnutrition within one generation."

National Academy of Sciences,
Food and Nutrition Study, 1977

"Mankind has never before had such ample technical and financial resources for coping with hunger and poverty. The immense task can be tackled once the necessary collective will is mobilized. What is necessary can be done, and must be done."

The Brandt Commission,
North-South: A Program for Survival, 1980

The day that hunger is eradicated from the earth, there will be the greatest spiritual explosion the world has ever known.

Humanity cannot imagine the joy that will burst into the world on the day of that great revolution.

Frederico Garcia Lorca
Spanish poet and dramatist 1899-1936

INFO CENTRE

We're not using THE CREEK to serve each other as well as we might. Clipped this item from the West Ender. Would anyone like to develop a similar information bank for Creek people, through the Community Centre?

"The Sunset Towers bulletin also lists the number of the West End Information Centre at 841 Bidwell Street, where you can get casual help to hang pictures, take down drapes, unpack, or do any of these jobs you can't manage yourself. Rates are really low for these services and they can make a big difference when you need them."



HURRAH FOR EVA

We need one bright spot on such a serious page, and Eva Johnson's it. She's arranged Christmas Dinner at the Centre for seniors without families. A chef friend is cooking; her daughters are serving and her guests are so pleased to be going Eva is just glad she thought of it.

To prevent cost being prohibitive Eva asked the Community Association for support — about \$200 — and we happily agreed.

THANKS TO MY MARCHING MOTHERS

By BERYL WILSON

With my third yearly assignment as Area Chairman for the Kinsmen's Mothers' March creeping up in late January, at last I have a public way of expressing the Kinsmen Foundation's and my heartfelt thanks to a LOT of women who have so willingly helped:

Diane Aho, Rosemary Aikman*, Alice Cameron, Margaret Carter,, Joyce Clough*, Barbara Colpitts, Evelyn Cullin, Laura Dornan*, Barbara Etches*, Mary Flem-

ing, Charlotte Flitton, Daria Grant*, Dehni Jokhy*, Edna & Christina Keogh*, Patricia Nesbitt*, Nancy O'Higgins*, Barbara Ott*, Pat Reynolds, Dorothy Rule, Pat Sanderson*, Betty Smith, Lil Walker, Pat Westall.

An organizer is only as good as the people she gets to work with her. Those with the stars earned them; they've been with me each year.

Ladies, this year I'm going to be organized early enough to invite you all for Sunday tea beforehand.



ALICE - A WONDERLAND

Carousel Theatre's Christmas production ALICE A WONDERLAND was a delightful show. I took my local delivery lass, Genevieve Renaud on condition she write a report.

I went to see ALICE A WONDERLAND. I thought it was very good because they had good costumes and good make-

up. I think it was very funny. I think it would be good for anyone and it's worth going to see and it's got an intermission and a very good cast. And definitely well written. It is very exciting and adventurous. And it's playing at the Carousel Theatre on Granville Island until December 31st.

PHASE II: IN NEUTRAL

Completion of phase two of the False Creek Development has been plagued with stoppages, delays and in some cases sheer bad luck. After months of inactivity work restarted in mid November on the landscaping and paving of the area between

Harbour Terrace and The Terrace apartment buildings. Activity was short lived and work was once again brought to a halt by torrential rain which turned the ground into a quagmire making progress impossible and also creating problems with the

work which had been completed. The heavy equipment moved into position again in the first week in December and it was all systems go. It it hoped this time the jinx will be overcome.

By Monica Crozet



The versatile front and back loader with its grasshopper-like appearance manoeuvres into position to prepare the foundations.



The arm of the pneumatic mobile crane in motion as the operator skilfully unloads the paving blocks.

BEGINNERS BUSINESS COLUMN

It's the staff's turn this time — the BERYL WILSON half.

ALOE VERA products are my "cottage" industry. If you haven't yet discovered their benefits, let me tell you about some.

LEGEND: Nefertiti and Cleopatra bathed in liquid aloe vera gel to retain their youth and beauty.

COMMENT: I've left it a bit late to start but I can vouch; the **facial pack** is **FABULOUS**; by summer I expect to look 10 years younger. The **bath gelee** does equal marvels for the rest of the old bod.

LEGEND: Tiberius drank the **juice** to increase his potency and Navajo Indian tales tell of its aphrodisiac qualities.

COMMENT: I don't know about THAT but it has one calorie/ounce; for some relieves the pain of arthritis and soothes ulcers; kept me feeling well despite a block-buster of a cold and for a neighbour so quieted her digestion her innards were at peace AND she eats less. Some people won't even leave home for a weekend without their bottle of aloe vera juice.

I heard six people report phenomenal weight loss (up to 18 lbs. in 8 weeks and less on the **nutritional diet**. The **heat lotion** cleared my sinus in minutes and soothed pains & chest congestion. I guess it's this product the **Dallas Cowboys** and **Baltimore Colts** use for torn, bruised

muscles and sprains (they evidently swear by aloe vera).

Whilst not being too accident-prone, in three weeks I can testify the **gel** heals scrapes and burns rapidly, clots (knife cut) bleeding and disappears scars. The **suntan lotion's** protective screen makes it ideal for skiers and sailors, though I'd prefer to be testing it in Hawaii or Mexico about now. There's a **lotion** that feels like velvet; I may yet have soft hands.

Noel should note this — when you've baked your hair in the sun, split it by combing and brushing, frying it with hot blow dryers and curling irons, the **shampoo**, eliminating need for conditioner, will rejuvenate it. Mine feels less like wire already, although I don't really want the benefits other claim: better growth and return of natural colour — mine's already thick as a field of hay and I like being a bottle blonde.

Some of you looking for income-on-the-side might like to become distributors, not least to obtain your own supplies wholesale. The marketing plan is a fine business opportunity — I've met some healthy, cheerful people doing very nicely. If you'd like to buy or belong, please call me at 734-3369. With luck and lots of customers this may just be my road to that independent income I need to be able to devote more time to The Creek.

Letters to the Editor

We welcome letters, with the usual provision "we reserve the right to edit for brevity, clarity and good taste."

I enjoyed Noel Lucid's entertaining column on Hair Care in the October issue. His tips on using a club soda rinse after swimming and only washing **once**, were particularly useful news to me. Please ask him if he has any more good hints.

Diane Aho

*

The Creek is published six times a year by the False Creek Community Association. Mailing address:

The Creek
c/o False Creek Community Centre
1318 Cartwright Street,
Vancouver, B.C. V6H 3R8
Tel. 688-9478

Publisher:

Editor:

Advertising rates: \$6 per col. inch.

Beryl Wilson (734-3369)

Monica Crozet (733-1398)

Notice — the regular monthly meeting of the Communication Association has been changed to **WEDNESDAY**. Any False Creek resident is welcome to attend.

COMMUNITY ANNOUNCEMENTS

Announcement

The Creek extends good wishes on behalf of the Community to:— Mr. & Mrs. Moulton on the occasion of their 69th wedding anniversary and Mr. & Mrs. Robertson on the occasion of their 71st wedding anniversary. Both couples are resident at the Pentecostal lodge. A celebration was held on Friday December 17 incorporating both events.

FOR SALE - BEST OFFER
3 speed Raleigh girl's bike.
Phone: Genevive 736-3232.

For your information: **FALSE CREEK DEVELOPMENT GROUP** has now moved to City Hall. The new address is: 4th Floor, East Wing, City Hall, 453 West 12th Avenue, Vancouver, V5Y 1V4 Tel. 873-7207.

Newfie farewell: Hope God takes a liking to you; keep your head up.

Belated thanks, 3 issues later, to **DEREK TOWNSEND** who produced **THE CREEK** Heading. Much better than the dour, heavy head on the first issue, don't you think?

HOME WANTED

Does anyone need to lessen his/her financial burden by taking in a room-mate. I am a 32 year old working woman, but can pay only \$200/month. P h o n e 7 3 4 - 5 4 3 3 mornings/evenings 732-3616 afternoons 732-6238 leave messages. Ask for Felicity.

THANKS Cont.

Community Centre's **CHRISTMAS FAYRE**.

B. Fornika and
Division One Students

The stack of stories that now lands on our desk each month would fill a whole issue. We're impressed by the youngster's imagination — though occasionally it's weird!

Our Grade 5 messenger, Genevieve, told us the Student Council chose these for publication. Let us know what you think of our budding authors.

COUNTING CALORIES

Persons engaged in sedentary occupations often do not realize that calories by the hundred can be burned up by a variety of strenuous exercises. Below are the per hour calorie consumption rates of some common activities:

Beating about the bush, 75
Jumping to conclusions, 100
Climbing the walls, 150

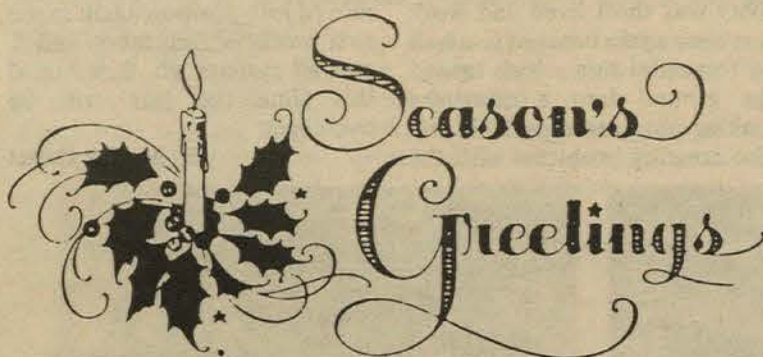
Swallowing your pride, 50-500
Passing the buck, 25
Throwing your weight around, 50-300
Dragging your heels, 100
Bending over backwards, 75
Pushing your luck, 250
Running around in circles, 350
Making mountains out of molehills, 500
Climbing the ladder of succes, 750

UNO LANGMANN

UNO LANGMANN LIMITED

2117 Granville Street, Vancouver, B.C.
V6H 3E9

Tel: (604) 736-8825



THE FIRST CHRISTMAS

Long ago, and far away,
dawned the first known Christmas Day.

No one lit the Christmas tree,
glowing now for all to see.

No one sent the message forth:
Blessings to all men on earth.

Just a maid, a man, a babe
in his manger gently laid.

Just an ox, an ass, some sheep,
guarded Him while He did sleep.

And some strangers from afar
found Him, guided by a star.

And some shepherds watched all night,
while the heavens shone, oh! so bright.

Still those words hold true today:
Peace be yours this Christmas Day.

Karen E. René

To our
contributors
and
readers
from
the Editorial
Staff

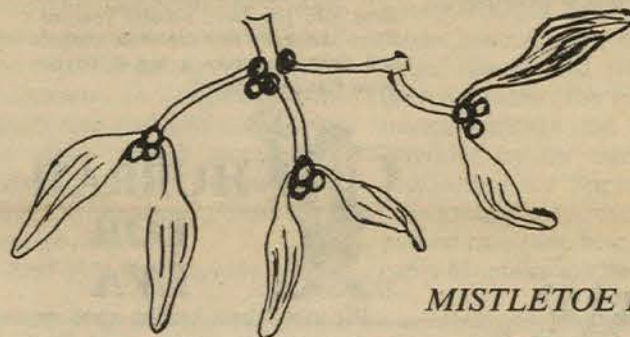
BALCONY ON ALDER BAY

By SHEILA FOWLER

*Under Granville Bridge they glide
Silent, stately, sleek, serene,
Slipping smoothly side by side
Into False Creek's glassy gleam*

*Haughty ladies svelte and chic
From mizzen-top to burnished brass,
Furled sails of silk o'er decks of teak,
What modern Helen could surpass
In elegance, their bowsprits' thrust,
Flanks dipping tord the sea's embrace,
White feline flanks that lean with lust
When sheets are taut the wind to face*

*Arrogant in action they,
like greyhounds cross vast English Bay
But twilight brings them home to me
A gentian violent symphony
Of rigging, masts and sun's last ray
At evensong on Alder Bay.*



MISTLETOE MAGIC

By **MONICA CROZET**

The mistletoe is an evergreen bush, pale green in colour, with thick, leathery leaves that grow in pairs. The mistletoe is a parasite which lives on other plants which are called hosts. The most usual host of the English mistletoe is the apple tree, but it also grows on the hawthorn, poplar, willow, lime, mountain ash, maple and in rare cases the oak. Unlike other commensals it draws some but not all its nourishment from it's host and it generally dies at the same time as the tree which it grows on.

The mistletoe flowers bloom in February and March and are small and yellowish. They grow in groups of three, the males on one plant and the females on another. The white berries which are attractive to birds, are filled with a sticky pulp, so a bird after eating one, wipes its beak on the tree and leaves the seeds in the cracks in the bark.

They then send out sucker roots which grow through the bark.

There are many superstitions and legends about the mistletoe. One is that it will bring happiness, safety and good fortune as long as it does not touch the ground. This is probably why it is hung up in homes at Christmas time and it is supposed to bring good luck to those who kiss under it.

The Druids, who were the priests of the Celts of Britain and Gaul, are said to have worshipped the oak and when they found mistletoe growing on it they thought it must have great powers.

Whether the legends are true or false — the mistletoe is featured very prominently over the Christmas season and if you ask anyone who has experienced a kiss under the mistletoe bough, especially by surprise encounter, they will tell you it was very special and they actually became — spellbound.

Erudite Editor

or

Errant Editor

A regular feature among copy set by a Detroit printer for a church newsletter is an obituary column headed 'In our Father's Mansion! The editor returned a galley proof with two names circled and the notation: 'Hold — no room'.

A newspaper copy editor was handling a story about the Church of St. John the Baptist. Not having time to write the headline at the moment, he sent the copy out to the printers with this written at the top: 'John the Baptist — Head to Come'.

HERB SCHUMANN

didn't want to advertise himself, but as we need to balance the production budget he bought this space.
Thanks Herb and a Happy New Year to you.